



MedEdu Tabuk

Since 2016

Official newsletter of the Faculty of Medicine, University of Tabuk



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SF-RCU

5th
YEAR

MedEdu Tabuk

نعود بحذر



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Cover page by: Sarah Alquayr,
Faculty of medicine, 4th year



DR. TANVEER RAZA

Editor-in-Chief, Saudi Medical Journal
for Students (SMJS) & MedEdu Tabuk

Faculty of Medicine



+966537251324



traza@ut.edu.sa

By the grace of Allah, MedEdu Tabuk (MET) crosses another milestone. Now it is being delivered to **all the Students of University Tabuk** officially by the Deanship of Student Affairs. We express our appreciation to **Dr. Marai M. Alamri**, Dean of Medicine, **Dr. Majed Balala**, Dean of Deanship of Student Affairs and **Dr. Mubarak Aldossari**, Vice Dean of Deanship of Student Affairs. This increases our subscriber number to over **50,000+++**. Thank you to all our well-wishers. MET team values the regular contributions from **Dr. Othman Alzahrani**, Faculty of Science, **Dr. Abdullah Aldhafri**, Deanship of Research and **Dr. Elham Jan**, Faculty of Art and Design. The **SMJS-MET podcast** team is working closely with the University podcast team and we appreciate the cooperation from **Dr. Mohammed Douri**, Supervisor of the Foreign Student Scholarship Unit of the Deanship of Student Affairs.

Editors of MedEdu Tabuk

Dr. Md. Tanveer Raza, Editor-in-Chief, MedEdu Tabuk (MET)

Rawan D Alzahrani, Manager MedEdu Tabuk

Faculty of Medicine: Ishtiyag A Abu Zayied, Khaled A Alasmari, Sarah M AlQuayr, Lena D Alzahrani, Maram A Albalawi, Raghad T Asiri, Raghad S Alamri

Faculty of Pharmacy: Mariam M Al-Balawi, Tala T Alkindy, Abdulelah T Al Ahmare, Hameed M Alahmadi

Faculty of Science: Razan H Alasiri, Ahmed N Albalawi, Shahad S Alriqabi

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RazaSmjs



www.ut.edu.sa



mededutabuk@ut.edu.sa



+996 53 725 1324



عميد كلية الطب د. مرعي العمري يكرم الطالب سيف محمد علي العمراني لحصوله على جائزة كاتب الجامعة عن كتابه (كأس من

Weekly Academic Activity

Continued Medical Education Unit



Faculty of Medicine

"Implementing Entrustable Professional Activities (EPAs) in Competency-Based Curriculum"

دعوة

Dr. Badr Alsayed

Consultant Pulmonologist, Assistant Professor of Internal Medicine
Faculty of Medicine, University of Tabuk



[Click Here](#)



1 PM – 2 PM



25th of Nov - WED



For inquiries: Dr. Md. Tanveer Raza, Head, Continued Medical Education Committee,
Faculty of Medicine, University of Tabuk - Tel: 0537251324, Email: traza@ut.edu.sa

Designed by: Khaled Alasmari-Editor, MedEdu Tabuk



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1 PM – 2 PM



25th of Nov - WED





“The Group of Twenty, or the G20, is the premier forum for international economic cooperation. The G20 brings together the leaders of both developed and developing countries from every continent. Collectively, G20 members represent around 80% of the world’s economic output, two-thirds of global population and three-quarters of international trade. Throughout the year, representatives from G20 countries gather to discuss financial and socioeconomic issues. The Saudi G20 Presidency began from 1 December 2019 and will end on 30 November 2020.

Image and text, courtesy of G20 Saudi Arabia



Faculty of Medicine

Saudi Medical Journal for Students

Workshop on Peer Review Process @ SMJS



Dr. Md. Tanveer Raza
Editor-in-Chief
Saudi Medical Journal for Students

Date: 26th November, 2020, Thursday
Time : 7.30pm-9pm



EXCLUSIVE WORKSHOP FOR EDITORS OF SAUDI MEDICAL JOURNAL FOR STUDENTS (SMJS) AND MEDEDU TABUK (MET)

Please contact:
Dr.Yosef Alenzi , Editor @SMJS Tel: 0530041979
Email: SMJS.admin@ut.edu.sa

SMJS Editor-in-Chief **Dr. Tanveer Raza** and Editor **Yousef Alenzi** holding a meeting with **Dr. Mubarak Aldossari**, Vice Dean, Deanship of Students Affairs, **Dr. Mohammed Douri**, Supervisor of the Foreign Student Scholarship Unit of the Deanship of Student Affairs, **Ishtiyag Abuzayid**, Producer of SMJS-MET Podcast, and **Samar Alatawi**, Leader of University Podcast Team in the new SMJS-MET Office Complex



SF-RCU

STUDENT & FACULTY- RESEARCH COLLABORATION UNIT

A concern of
Faculty of Medicine
Deanship of Scientific Research
Saudi Medical Journal for Students (SMJS), and
MedEdu Tabuk (MET)



Vision

The vision of SF-RCU is to facilitate the development of new research initiatives for faculty and students that cross the boundaries of different colleges of University of Tabuk. SF-RCU will match student researchers with PIs of similar research interests from different faculties and vice versa, fostering collaborative research between students and teachers and create new opportunities.

Objectives

SF-RCU is a web-based researcher matching platform between Principal Investigators and Supervisors to Student Researchers at University of Tabuk

The Student researchers will be known as Research Assistants

PIs and Supervisors can be from other institutions and organizations

Our services include advertising, interviewing and selecting properly trained student researchers

We will create a database of student researchers in University of Tabuk willing to participate in multidisciplinary research

We will create a database of PIs and Supervisors willing to involve University of Tabuk students in research

Unit Members

Directors:

Dr. Abdullah Aldhafri, Deanship of Scientific Research, University of Tabuk

Tel: +966 56 999 6757, Email: a.aldhafri@ut.edu.sa

Dr. Md. Tanveer Raza, Editor-in-Chief, Saudi Medical Journal for Students

Tel: +966 53 725 1324, Email: traza@ut.edu.sa

Advisors:

Dr. Marai M. Alamri, Dean of Medicine, University of Tabuk

Dr. Mana M. Alqahtani, Dean, Deanship of Scientific Research, University of Tabuk



Dr. Othman Alzahrani

Vice Dean,
Post graduate and
scientific research,
Faculty of Science
Email: O-alzahrani@ut.edu.sa

EXHIBITION OF INNOVATIVE SOLUTIONS FOR ENVIRONMENTAL SUSTAINABILITY





Faculty of Applied Medical Science

Deanship of Scientific Research



Dr. Abdullah Aldhafri

Heamatology & Cancer
University of Tabuk

Email: a.aldhafri@ut.edu.sa

A REVIEW ON BLOOD SAFETY DURING COVID-19 PANDEMIC

Abdullah Hamadi, Ali Mahzari, Abdulrahim Hakami, Reema Almotairi, Razan Alhefzi, Fawaz Hamdi, Afnan Baghdadi, Gasim Dobie, Rashid Mir and Salwa Hindawi

Link to paper:

https://www.researchgate.net/publication/345959018_A_Review_on_Blood_safety_during_COVID-19_pandemic

This review paper by Dr. Abdullah Hamadi et al. discusses blood safety during COVID-19 pandemic and the benefit using of convalescent plasma treatment. Blood donor, staff and patient safety are essential to reduce the risk of Corona virus (COVID 19) infection. There are many steps taken by countries worldwide to fight against this virus and blood safety is one of the major steps towards reaching their goal.

Distinguished Alumni

This week our inspiring alumna is Danyah Salamah Alamrani.

She holds a Bachelor Degree in Medical Laboratory Science from Tabuk university, since 2016. She works as teaching assistant in Hail university. This year she did her master from medical Sciences school of university of Manchester, UK and she is planning to do her PhD also.

Danyah Salamah Alamrani

Email: Dania1slamah@gmail.com

Danyah found herself in the academic field since undergrad years because she finds teaching offers a chance to continuously get better and gives her the chance to be creative. During her master study, she was interested in the Cardiovascular diseases which was the topic of her dissertation. And she hopes to continue in this topic in her PhD study. She believes that passion is the driving force behind success and happiness that allows us all to live better lives.

And she finished her words by saying "Having a supportive network of family and friends is important to turn to for advice and encouragement whenever we face difficult times.

Edited by :RaghadAsiri.



Faculty of Art and Design



Dr. Elham Jan

Associate Professor of
Painting and Photography
Email: ejan@ut.edu.sa



EDVARD MUNCH

He is a Norwegian painter who follows the Expressionist school. He was born in 1863. *He was the second of his parents' five sons. After his mother passed away from tuberculosis, a series of tragedies began for his family. His sister died for the same reason, and his older sister was admitted to the mental health hospital, and his brother died of pneumonia. In the beginning, he studied engineering, but he left it after one year, after his passion for art surpassed his passion for engineering. In a short time, he created a large series of 22 paintings called Frieze of Life, to be shown at the Berlin Gallery. Perhaps the names that he used to give to his paintings made his mental and psychological state quite clear, and his style varied greatly based on the emotional state that controlled him at the time of the painting. This group of paintings was a colossal success, and shortly afterwards Monk achieved international fame in the art scene. The success was not enough for him to live happily, he suffered from partial paralysis and did not produce great works after that. Monk moved to a country house and lived in it alone to begin landscape painting. Monk continued to paint until his death, often depicting his contrasting emotions and multiple physical ailments in his works. He died in his home country in 1914.*



SUBMITTED BY:
AHAD MUHAMMED,
SUPERVISED BY :
DR. ELHAM JAN.



Samar Ahmad Al-Atawi

3rd year, Faculty of science, University of Tabuk

E-mail: 391005280@stu.ut.edu.sa

Ishtyiaq Abdullah Abu zayid

4th year, Faculty of Medicine, University of Tabuk

E-mail: 381008066@stu.ut.edu.sa



Name of Podcast	Description	Date Uploaded
<p>1-The student is focus of student activities الطالب محور الأنشطة</p>	<p>The Presenters: Dania Alnasser & Hassan Al-fifi The guest : Dean of Student Affairs. - The episode talks about the role of university activity, its definition, goals and benefits. - المقدمين : دانية الناصر – حسن الفيفي . - الضيف: عميد شؤون الطلاب . - تتحدث الحلقة عن دور النشاط الجامعي (تعريفه و اهدافه و فوائده). Link: https://t.co/3EA5abMwmz?amp=1</p>	22 April 2020
<p>2-Corona Pandemic جائحة كورونا</p>	<p>The presenters : Dania Alnasser & Abdullah Al-Ataibi The guest: Assistant professor, faculty of Medicine, University. - The episode talks about corona pandemic, how to prevent it, and the services provided by the health sector. - المقدمين : دانية الناصر – عبدالله العتيبي - الضيف : - تتحدث الحلقة عن جائحة كورونا و كيفية الوقاية منها و الخدمات المقدمة من قطاع الصحة. Link: https://t.co/JvLQNCwFQA?amp=1</p>	22 May 2020



حملة التوعية عن حقن الفيلر والبوتكس يقدمها طلاب كلية الطب جامعة

تبوك في المملكة العربية السعودية ،تبوك

- رزان كامل أحمد البلوي

السنة الخامسة, razankb33@gmail.com

Tel: 0532758283



يخبر نادي الجراحة قسم جراحة التجميل برعاية وحدة الأنشطة الطلابية بجامعة تبوك أن يقدم حملة توعوية عن

حقن مادة الفيلر و البوتكس

بتنظيم الطالبة /وفاء الجدراوي و اعضاء نادي جراحة التجميل

إشراف استاذ الجلدية وجراحة الجلد المشارك -كلية الطب استشاري الجلدية والتجميل والليزر وعلاج الشعر

د.عبدالله اليوسف

المحاور:

- الفرق بين البوتكس والفيلر
- الاستخدامات العلاجية والتجميلية .
- الاعراض الجانبية والمضاعفات .
- نصائح بعد حقن الفيلر والبوتكس .
- من عليه تجنب حقن الفيلر والبوتكس ؟

سيتم فتح باب الاستفسارات
ليجيب عنها د.عبدالله
اليوسف

السبت ٢٠٢٠/١٠/٢٤
الساعة ١٠ مساءً
Online

تطورت التقنيات المستخدمة في عمليات التجميل بشكل كبير وخصوصاً في العشرين سنة الأخيرة، فأصبحت تجرى على نطاق واسع وذلك بسبب سهولة التقنيات الحديثة، ومن هذه التقنيات تقنية حقن البوتكس والفيلر. قد يخلط بعض الناس بينهم ويجدون

صعوبة في التفرقة بين كيفية استخدام المادتين، ولذلك قرر نادي الجراحة قسم نادي جراحة التجميل بجامعة تبوك إقامة الحملة ووضحت فيها الفرق بين البوتكس والفيلر وكيفيه استخدامهما.و التي تهدف إلى مستوى الوعي بين سكان منطقة تبوك عن الفيلر والبوتكس وحيث قدمت عن بعد بمنصة بلاك بورد جامعة تبوك ، يوم السبت الموافق 2020-10-24، من الساعة العاشرة وحتى الساعة الحادية عشر مساءً ، بمشاركة 10 طالب وطالبة و بحضور أكثر من 85 زائر. وتمت الحملة تحت إشراف د/عبدالله اليوسف، وتكفلت الطالبة : وفاء الجدراوي وأعضاء نادي جراحة التجميل بكل مهام التنظيم والتنسيق ؛ وبدورهم قد ساهموا في المساعدة على نشر الوعي والتثقيف الصحي حول الفيلر والبوتكس الى جميع الحضور , حيث انه كانت محاور الحملة قد تطرقت الى :الفرق بين البوتكس والفيلر، و الاستخدامات العلاجية والتجميلية، والأعراض الجانبية والمضاعفات،و نصائح بعد حقن الفيلر والبوتكس ،و من عليه تجنب حقن الفيلر والبوتكس . ومن الجدير بالذكر أنه قد أتيح للحضور طرح استفساراتهم وتساؤلاتهم وقد تمت الاجابة عليهم من قبل الدكتور عبدالله اليوسف . بهذا تكون حملة التوعية بحقن الفيلر والبوتكس قد غطت كافة التفاصيل. وقد كانت حملة ناجحة من حيث العطاء والحضور وتعد أقسام الحملة .و من هنا نود أن نشكر سعادة عميد كلية الطب الدكتور/مرعي العمري حفظه الله إتاحت لنا هذه الفرصة القيمة وذلك لرفع مستوى وعي المجتمع ونشر التثقيف الصحي والأخذ بالتدابير الوقائية. ونوجه الشكر إلى الدكتورعبدالله اليوسف لمشاركته العطاء وأخيرا نشكر مشرفي و أعضاء نادي جراحة التجميل لجهودهم الرائعة والمميزة.