

## KHULUD AHMAD REZQ

PhD, RN. Associate Professor of Community Health Nursing

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Tabuk, Saudi Arabia

### PROFESSIONAL SUMMARY

Associate Professor of Community Health Nursing with 20+ years of combined experience in clinical practice, academic instruction, and departmental leadership. Author of more than 20 peer-reviewed publications spanning simulation-based education, public health, and community nursing. Award-winning academic leader with a strong record of curriculum development, student mentorship, and institutional service across Saudi Arabia and Jordan.

### CORE COMPETENCIES

Research & Scholarship

Academic Leadership

Simulation-Based Training

Curriculum Development

Health Policy & Promotion

Mentorship & Advising

### EDUCATION

**PhD**  
2020  
**Community Health Nursing**  
Cairo University, Egypt

**MSc**  
2009  
**Community Health Nursing**  
Jordan University of Science & Technology, Jordan

**BSc**  
1999  
**Nursing**  
Jordan University of Science & Technology, Jordan

### PROFESSIONAL LICENSURE

#### Saudi Commission for Health Specialties

Senior Specialist, Community Health Nursing (2025) · Specialist in Nursing (2007)

### APPOINTMENTS & POSITIONS

#### Associate Professor, Community Health Nursing

**University of Tabuk — Faculty of Nursing** • Tabuk, Saudi Arabia | Nov 2021–Present

- Head, Medical and surgical nursing Department (2022-2023)
- Head, Community & Psychiatric Mental Health Nursing Department (2023–Present)
- Head, Clinical Training & Internship Unit (2022–Present)
- Member, Scientific Research Committee & Examination Review Committee

- Supervisor, Excellence Nursing Students Community

### **Lecturer & Program Director**

**Princess Nourah Bint Abdulrahman University** • *Riyadh, Saudi Arabia* | 2012–2016

- Director, Community Service & Student Activities Units
- Educator, Simulation Center — integrated high-fidelity training

### **Lecturer & Clinical Instructor**

**Applied Science University — College of Nursing** • *Amman, Jordan* | 2006–2012

- Chair, Examination & Library Committees; External Examiner

### **Clinical Experience (RN)**

#### **EEG & EMG Unit / Emergency Room Nurse**

**Saad Specialist Hospital** • *Al-Khobar, Saudi Arabia* | 2002–2006

#### **Emergency Room Nurse**

**Jordan University Hospital** • *Amman, Jordan* | 2000–2002

## **AWARDS & RECOGNITION**

2025

**Leadership Excellence Award — Best Distinguished Department Head & Clinical Training Unit Member**

*University of Tabuk*

2016

**Global Best Volunteering Work Award**

*International Volunteer Recognition — supervised winning group*

2021

**Excellence in Community Service Award**

*University & Community Recognition*

2016

**Excellence in Community Service Award**

*University & Community Recognition*

2022

**Simulation-Based Training Recognition Award**

*University of Tabuk*

## **RESEARCH INTERESTS**

- Community health nursing practice and public health program development in Saudi Arabia
- Simulation-based clinical training and its outcomes in undergraduate nursing education
- Mental health and wellbeing of university students and healthcare professionals
- Health policy, chronic disease prevention, and health promotion across the lifespan
- HPV vaccination, maternal and child health, and public awareness in community settings
- Quantitative and qualitative research methodologies; instrument development

## 2026

1. Dahshan A, Mahfouz Khalil MI, Abdelfatah D, et al. Influence of online health information and artificial intelligence on decision-making among migraine patients: A multinational cross-sectional study from the MENA region. *Cephalalgia*. 2026;46(4). doi:10.1177/03331024261435594

## 2025

2. Saifan, A. R., Aldarawsheh, A. A., Al-Yateem, N., Alharbi, H. F., Ahmed, F. R., Saleh, Z. T., Al-Ryahna, S., Rezq, K. A., & Abujaber, D. A. (2025). Beyond the bedside: Unravelling the impact of non-nursing tasks on clinical nurses and healthcare delivery. *BMC Nursing*, 24, 1362. <https://doi.org/10.1186/s12912-025-03943-8>
3. Sharfi, M., Hejres, N., Ali, A., Aldoseri, N., Malalla, B., Tolentino, M., Almegewly, W. H., & Rezq, K. A. (2025). Determinants of breastfeeding practices pre- and during the COVID-19 pandemic: A retrospective cohort study. *Healthcare*, 13(18), 2379. <https://doi.org/10.3390/healthcare13182379>
4. Rezq, K. A., Algamdi, M. M., Alnakhli, M., Alrashidi, B., Al-Balawi, R., Al-Atawi, R., & Al-Atawi, Y. (2025). Assessment of public-school teachers' knowledge of type 1 diabetes among adolescent students in Saudi Arabia. *Iranian Journal of Nursing and Midwifery Research*, 30(6), 858–864. [https://doi.org/10.4103/ijnmr.ijnmr\\_144\\_24](https://doi.org/10.4103/ijnmr.ijnmr_144_24)
5. Rezq, K. A., & Algamdi, M. M. (2025). Community health nursing students' perceptions of self-confidence, satisfaction, and learning through standardized patient simulations. *Sage Open*, 15(4). <https://doi.org/10.1177/21582440251387237>
6. Rezq, K. A., Albalawi, H. M. H., & Alharbi, H. F. (2025). Exploring social support and quality of life among mothers of children with autism spectrum disorders: A cross-sectional study. *Healthcare*, 13(2), 95. <https://doi.org/10.3390/healthcare13020095>
7. Alharbi, H. F., & Rezq, K. A. (2025). Vitamin D supplementation in Saudi Arabia: Mothers' knowledge, practices, and attitudes. *PeerJ*, 13, e19781. <https://doi.org/10.7717/peerj.19781>
8. Algamdi, M. M., Rezq, K. A., Al-Moteri, M., Almegewly, W. H., Alanazi, J., Alanazi, S., Alotaibi, S., Alatawi, E., & Alanazi, J. (2025). Assessing Saudi Arabian parents' awareness of child sexual abuse using the Arabic version of Child Sexual Abuse Awareness Scale for Parents. *Child Abuse & Neglect*, 169, 107634. <https://doi.org/10.1016/j.chiabu.2025.107634>
9. Alharbi, A. A., Almagharbeh, W. T., Alfanash, H. A., Alnawafleh, K. A., Alasmari, A. A., Alkubati, S. A., Altayar, M. A., AbouZeid, N. A., Rezq, K. A., & Othman, E. H. (2025). Holopatient technology in nursing education: A cross-sectional analysis of student and faculty perceptions. *BMC Nursing*, 24, 1192. <https://doi.org/10.1186/s12912-025-03856-6>
10. Alnawafleh, K. A., Almagharbeh, W. T., Alfanash, H. A., Alasmari, A. A., Alharbi, A. A., Alamrani, M. H., Alkubati, S. A., Altayar, M. A., & Rezq, K. A. (2025). Exploring the ethical dimensions of AI integration in nursing practice: A systematic review. *Journal of Nursing Regulation*. <https://doi.org/10.1016/j.jnr.2025.08.001>
11. Almagharbeh, W. T., Alfanash, H. A., Alnawafleh, K. A., Alasmari, A. A., Alharbi, A. A., Altayar, M. A., Alkubati, S. A., Almegewly, W. H., Rezq, K. A., & Othman, E. H. (2025). Exploring gender disparities in emotional intelligence, leadership access, and career development among Jordanian nurses. *Journal of Nursing Management*. <https://doi.org/10.1155/jonm/8824621>
12. Maabreh, R. S., Elshatarat, R. A., Alrabab'a, M. H., Alsulami, G. S., AlZa'areer, M. S., Alhumaidi, B. N., Rezq, K. A., Alasmari, A. A., Alharbi, A. A., & AlKharouf, H. A. (2025). Factors associated with breast self-examination awareness and knowledge among female students in Saudi nursing colleges. *Universal Journal of Public Health*, 13(3), 627–641. <https://doi.org/10.13189/ujph.2025.130311>

## 2024

13. Albalawi, M. M., & Rezq, K. A. (2024). Evaluating clinical skill competence and professional behaviors in nursing students following simulation training at the University of Tabuk. *SAGE Open Nursing*, 10. <https://doi.org/10.1177/23779608241274194>

14. Rezq, K. A., Algamdi, M. M., Alatawi, F., Altamimi, D., Albalawi, N., Albalawi, A., Abed, T., Alatawi, D., & Alhthli, R. (2024). Predictors for the level of quality of life among older adults. *Journal of Aging Research*. <https://doi.org/10.1155/jare/5436660>
15. Albalawi, H. M. H., & Rezq, K. A. (2024). Influences of cultural factors on vaccination practices among parents prior to school age: A systematic review and meta-analysis. *Cureus*, 16(12), e75845. <https://doi.org/10.7759/cureus.75845>
16. Alatawi, A., Almater, L. A., Rezq, K. A., & Salem, R. (2024). Achievement motivation and its relationship to critical thinking among nursing students in Saudi Arabia. *Journal of Ecohumanism*, 3(7), 3507–3528. <https://doi.org/10.62754/joe.v3i7.4483>

## 2023

17. Rezq, K. A., Algamdi, M., Alanazi, R., Alanazi, S., Alhujairy, F., Albalawi, R., & Al-Zamaa, W. (2023). Knowledge, perception, and acceptance of HPV vaccination and screening for cervical cancer among Saudi females. *Vaccines*, 11(7), 1188. <https://doi.org/10.3390/vaccines11071188>
18. Rezq, K. A., & Al-Zaghmouri, A. H. (2023). Perception and acceptance of COVID-19 vaccine among nurses in Jordan. *SAGE Open Nursing*, 9. <https://doi.org/10.1177/23779608231177560>

## 2022

19. Rezq, K. A., & Daoud, K. A. (2022). Nurses' psychological wellbeing during COVID-19 outbreak in Saudi Arabia. *International Journal of Nursing Education*, 14(2), 118–130. <https://doi.org/10.37506/ijone.v14i2.18004>

## 2021

20. Rezq, K. A., & Gutierrez, J. V. (2021). Effect of dementia educational program on formal caregivers' burden in elderly homes. *Journal of Pharmaceutical Research International*, 33(54A), 15–23. <https://doi.org/10.9734/jpri/2021/v33i54A33714>

## 2020

21. Rezq, K. A., Sharaa, H., & Fouad, N. (2020). Effect of an educational program on knowledge and practices of Alzheimer patient caregivers. *Indian Journal of Public Health & Research Development*, 11(3), 1767–1772. <https://doi.org/10.37506/ijphrd.v11i3.2399>

## 2018

22. Aldossery, N., Khames, M., & Rezq, K. (2018). Effectiveness of simulation or clinical setting as initial exposure among nursing students at Princess Nourah Bint Abdulrahman University: A comparative study. *WJPMR*, 11, 260–268.

## 2016

23. Rezq, K., Alsabi, R., & Alsaran, F. (2016). Establishing a program protocol: A community-based nursing home visit program for Princess Nourah Bint Abdulrahman University in Saudi Arabia. *Innovation Arabia 9 Conference Proceedings*, Dubai, UAE.