

# MedEdu Tabuk

Since 2016  
Official newsletter of the Faculty of Medicine, University of Tabuk



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**SF-RCU**



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Cover page by : Sarah Alquayr,  
Faculty of medicine, 4th year

**5th**  
YEAR

MedEdu Tabuk

نعود بحذر



## DR. TANVEER RAZA

Editor-in-Chief, Saudi Medical Journal  
for Students (SMJS) & MedEdu Tabuk

Faculty of Medicine



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By the grace of Allah, MedEdu Tabuk (MET) crosses another milestone. Now it is being delivered to **all the Students of University Tabuk** officially by the Deanship of Student Affairs. We express our appreciation to **Dr. Marai M. Alamri**, Dean of Medicine, **Dr. Majed Balala**, Dean of Deanship of Student Affairs and **Dr. Mubarak Aldossari**, Vice Dean of Deanship of Student Affairs. This increases our subscriber number to over **50,000+++**. Thank you to all our well-wishers. MET team values the regular contributions from **Dr. Othman Alzahrani**, Faculty of Science, **Dr. Abdullah Aldhafri**, Deanship of Research and **Dr. Elham Jan**, Faculty of Art and Design. The **SMJS-MET podcast** team is working closely with the University podcast team and we appreciate the cooperation from **Dr. Mohammed Douri**, Supervisor of the Foreign Student Scholarship Unit of the Deanship of Student Affairs.

### Editors of MedEdu Tabuk

Dr. Md. Tanveer Raza, Editor-in-Chief, MedEdu Tabuk (MET)

Rawan D Alzahrani, Manager MedEdu Tabuk

**Faculty of Medicine:** Ishtiyag A Abu Zayied, Khaled A Alasmari, Sarah M AlQuayr, Lena D Alzahrani, Maram A Albalawi, Raghad T Asiri, Raghad S Alamri

**Faculty of Pharmacy:** Mariam M Al-Balawi, Tala T Alkindy, Abdulelah T Al Ahmare, Hameed M Alahmadi

**Faculty of Science:** Razan H alasiri, Ahmed N Albalawi, Shahad S Alriqabi

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عميد كلية الطب د. مرعي العمري يكرم الطالب سيف محمد علي العمراني لحصوله على جائزة كاتب الجامعة عن كتابه ( كأس من

## Weekly Academic Activity

Continued Medical Education Unit



Faculty of Medicine

### "Implementing Entrustable Professional Activities (EPAs) in Competency-Based Curriculum"

**Dr. Badr Alsayed**

Consultant Pulmonologist, Assistant Professor of Internal Medicine  
Faculty of Medicine, University of Tabuk

دعوة



[Click Here](#)



1 PM – 2 PM



25<sup>th</sup> of Nov - WED



For inquiries: Dr. Md. Tanveer Raza, Head, Continued Medical Education Committee,  
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Designed by: Nohad Alasmari-Editor, MedEdu Tabuk

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For inquiries: Dr. Md. Tanveer Raza, Head, Continued Medical Education Committee,



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1 PM – 2 PM



25<sup>th</sup> of Nov - WED







**"The Group of Twenty, or the G20, is the premier forum for international economic cooperation. The G20 brings together the leaders of both developed and developing countries from every continent. Collectively, G20 members represent around 80% of the world's economic output, two-thirds of global population and three-quarters of international trade. Throughout the year, representatives from G20 countries gather to discuss financial and socioeconomic issues. The Saudi G20 Presidency began from 1 December 2019 and will end on 30 November 2020.**

Image and text, courtesy of G20 Saudi Arabia



Saudi Medical Journal for Students

Workshop on  
Peer Review Process  
@ SMJS



**Dr. Md. Tanveer Raza**  
Editor-in-Chief  
Saudi Medical Journal for Students

Date: 26<sup>th</sup> November, 2020, Thursday  
Time : 7.30pm-9pm



EXCLUSIVE WORKSHOP FOR EDITORS OF  
SAUDI MEDICAL JOURNAL FOR STUDENTS  
(SMJS) AND MEDEDU TABUK (MET)

Please contact:  
Dr.Yosef Alenzi , Editor @SMJS Tel: 0530041979  
Email: SMJS.admin@ut.edu.sa

SMJS Editor-in-Chief **Dr. Tanveer Raza** and Editor **Yousef Alenzi** holding a meeting with **Dr. Mubarak Aldossari**, Vice Dean, Deanship of Students Affairs, **Dr. Mohammed Douri**, Supervisor of the Foreign Student Scholarship Unit of the Deanship of Student Affairs, **Ishtiyag Abuzayid**, Producer of SMJS-MET Podcast, and **Samar Alatawi**, Leader of University Podcast Team in the new SMJS-MET Office Complex



## SF-RCU

## STUDENT & FACULTY- RESEARCH COLLABORATION UNIT

A concern of  
Faculty of Medicine  
Deanship of Scientific Research  
Saudi Medical Journal for Students (SMJS), and  
MedEdu Tabuk (MET)



### Vision

The vision of SF-RCU is to facilitate the development of new research initiatives for faculty and students that cross the boundaries of different colleges of University of Tabuk. SF-RCU will match student researchers with PIs of similar research interests from different faculties and vice versa, fostering collaborative research between students and teachers and create new opportunities.

### Objectives

SF-RCU is a web-based researcher matching platform between Principal Investigators and Supervisors to Student Researchers at University of Tabuk

The Student researchers will be known as Research Assistants

PIs and Supervisors can be from other institutions and organizations

Our services include advertising, interviewing and selecting properly trained student researchers

We will create a database of student researchers in University of Tabuk willing to participate in multidisciplinary research

We will create a database of PIs and Supervisors willing to involve University of Tabuk students in research

### Unit Members

#### Directors:

Dr. Abdullah Aldhafri, Deanship of Scientific Research, University of Tabuk

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#### Advisors:

Dr. Marai M. Alamri, Dean of Medicine, University of Tabuk

Dr. Mana M. Alqahtani, Dean, Deanship of Scientific Research, University of Tabuk





Dr. Othman Alzahrani

Vice Dean,  
Post graduate and  
scientific research,  
Faculty of Science  
Email: O-alzahrani@ut.edu.sa

## EXHIBITION OF INNOVATIVE SOLUTIONS FOR ENVIRONMENTAL SUSTAINABILITY



Faculty of Applied Medical Science

Deanship of Scientific Research



Dr. Abdullah Aldhafri

**Heamatology & Cancer  
University of Tabuk**

**Email:** a.aldhafri@ut.edu.sa

## A REVIEW ON BLOOD SAFETY DURING COVID-19 PANDEMIC

Abdullah Hamadi, Ali Mahzari, Abdulrahim Hakami, Reema Almotairi, Razan Alhefzi, Fawaz Hamdi, Afnan Baghdadi, Gasim Dobie, Rashid Mir and Salwa Hindawi

**Link to paper:**

[https://www.researchgate.net/publication/345959018\\_A\\_Review\\_on\\_Blood\\_safety\\_during\\_COVID-19\\_pandemic](https://www.researchgate.net/publication/345959018_A_Review_on_Blood_safety_during_COVID-19_pandemic)

This review paper by Dr. Abdullah Hamadi et al. discusses blood safety during COVID-19 pandemic and the benefit using of convalescent plasma treatment. Blood donor, staff and patient safety are essential to reduce the risk of Corona virus (COVID 19) infection. There are many steps taken by countries worldwide to fight against this virus and blood safety is one of the major steps towards reaching their goal.

## Distinguished Alumni

This week our inspiring alumnus is Danyah Salamah Alamrani.

She holds a Bachelor Degree in Medical Laboratory Science from Tabuk university, since 2016. She works as teaching assistant in Hail university. This year she did her master from medical Sciences school of university of Manchester, UK and she is planning to do her PhD also.

**Danyah Salamah Alamrani**

**Email:** [Dania1slamah@gmail.com](mailto:Dania1slamah@gmail.com)

Danyah found herself in the academic field since undergrad years because she finds teaching offers a chance to continuously get better and gives her the chance to be creative. During her master study, she was interested in the Cardiovascular diseases which was the topic of her dissertation. And she hopes to continue in this topic in her PhD study. She believes that passion is the driving force behind success and happiness that allows us all to live better lives.

And she finished her words by saying "Having a supportive network of family and friends is important to turn to for advice and encouragement whenever we face difficult times."



Edited by :RaghadAsiri.





Dr. Elham Jan

Associate Professor of  
Painting and Photography  
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## EDVARD MUNCH

He is a Norwegian painter who follows the Expressionist school. He was born in 1863. *He was the second of his parents' five sons. After his mother passed away from tuberculosis, a series of tragedies began for his family. His sister died for the same reason, and his older sister was admitted to the mental health hospital, and his brother died of pneumonia. In the beginning, he studied engineering, but he left it after one year, after his passion for art surpassed his passion for engineering. In a short time, he created a large series of 22 paintings called Frieze of Life, to be shown at the Berlin Gallery. Perhaps the names that he used to give to his paintings made his mental and psychological state quite clear, and his style varied greatly based on the emotional state that controlled him at the time of the painting. This group of paintings was a colossal success, and shortly afterwards Monk achieved international fame in the art scene. The success was not enough for him to live happily, he suffered from partial paralysis and did not produce great works after that. Monk moved to a country house and lived in it alone to begin landscape painting. Monk continued to paint until his death, often depicting his contrasting emotions and multiple physical ailments in his works. He died in his home country in 1944.*



SUBMITTED BY:  
AHAD MUHAMMED,  
SUPERVISED BY :  
DR. ELHAM JAN.

**Samar Ahmad Al-Atawi**3<sup>rd</sup> year, Faculty of science, University of TabukE-mail: [391005280@stu.ut.edu.sa](mailto:391005280@stu.ut.edu.sa)**Ishtyiaq Abdullah Abu zayid**4<sup>th</sup> year, Faculty of Medicine, University of TabukE-mail: [381008066@stu.ut.edu.sa](mailto:381008066@stu.ut.edu.sa)

Name of Podcast	Description	Date Uploaded
<b>1-The student is focus of student activities</b> الطالب محور الأنشطة	<b>The Presenters:</b> Dania Alnasser & Hassan Al-fifi <b>The guest :</b> Dean of Student Affairs. - The episode talks about the role of university activity, its definition, goals and benefits. <b>- المقدمين :</b> دانية الناصر – حسن الفيفي . <b>- الضيف:</b> عميد شؤون الطلاب . - تتحدث الحلقة عن دور النشاط الجامعي ( تعريفه واهدافه و فوائده ). Link: <a href="https://t.co/3EA5abMwmz?amp=1">https://t.co/3EA5abMwmz?amp=1</a>	22 April 2020
<b>2-Corona Pandemic</b> جائحة كورونا	<b>The presenters :</b> Dania Alnasser & Abdullah Al-Ataibi <b>The guest:</b> Assistant professor, faculty of Medicine, University. - The episode talks about corona pandemic, how to prevent it, and the services provided by the health sector. <b>- المقدمين :</b> دانية الناصر – عبدالله العتيبي <b>- الضيف :</b> - تتحدث الحلقة عن جائحة كورونا و كيفية الوقاية منها و الخدمات المقدمة من قطاع الصحة. Link: <a href="https://t.co/JvLQNCwFQA?amp=1">https://t.co/JvLQNCwFQA?amp=1</a>	22 May 2020





## حملة التوعية عن حقن الفيلر والبوتكس يقدمها طلاب كلية الطب جامعة

### تبوك في المملكة العربية السعودية ،تبوك

- رزان كامل أحمد البلوي

السنة الخامسة, [razankb33@gmail.com](mailto:razankb33@gmail.com)

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تطورت التقنيات المستخدمة في عمليات التجميل بشكل كبير وخصوصاً في العشرين سنة الأخيرة، فأصبحت تجرى على نطاق واسع وذلك بسبب سهولة التقنيات الحديثة، ومن هذه التقنيات تقنية حقن البوتكس والفيلر. قد يخلط بعض الناس بينهم ويجدون صعوبة في التفرقة بين كيفية استخدام المادتين، ولذلك قرر نادي الجراحة قسم نادي جراحة التجميل بجامعة تبوك إقامة الحملة ووضحت فيها الفرق بين البوتكس والفيلر وكيفيه استخدامهما. التي تهدف إلى مستوى الوعي بين سكان منطقة تبوك عن الفيلر والبوتكس وحيث قدمت عن بعد بمنصة بلاك بورد جامعة تبوك ، يوم السبت الموافق 2020-10-24، من الساعة العاشرة وحتى الساعة الحادية عشر مساءً ، بمشاركة 10 طالب وطالبة و بحضور أكثر من 85 زائر. وتمت الحملة تحت إشراف د/عبدالله اليوسف، وتكفلت الطالبة : وفاء الجدراوي وأعضاء نادي جراحة التجميل بكل مهام التنظيم والتنسيق ؛ وبدورهم قد ساهموا في المساعدة على نشر الوعي والتثقيف الصحي حول الفيلر والبوتكس الى جميع الحضور، حيث انه كانت محاور الحملة قد تطرقت الى: الفرق بين البوتكس والفيلر، و الاستخدامات العلاجية والتجميلية، والأعراض الجانبية والمضاعفات، ونصائح بعد حقن الفيلر والبوتكس ،و من عليه تجنب حقن الفيلر والبوتكس . ومن الجدير بالذكر أنه قد أتيح للحضور طرح استفساراتهم وتساؤلاتهم وقد تمت الاجابة عليهم من قبل الدكتور عبدالله اليوسف . بهذا تكون حملة التوعية بحقن الفيلر والبوتكس قد غطت كافة التفاصيل. وقد كانت حملة ناجحة من حيث العطاء والحضور وتعد أقسام الحملة .و من هنا نود أن نشكر سعادة عميد كلية الطب الدكتور/مرعي العمري حفظه الله إتاحت لنا هذه الفرصة القيمة وذلك لرفع مستوى وعي المجتمع ونشر التثقيف الصحي والأخذ بالتدابير الوقائية. ونوجه الشكر إلى الدكتورعبدالله اليوسف لمشاركته العطاء وأخيرا نشكر مشرفي و أعضاء نادي جراحة التجميل لجهودهم الرائعة والمميزة.