



MedEdu Tabuk

Since 2016

Official newsletter of the Faculty of Medicine, University of Tabuk



National Day
Messages

New logo of
Saudi
Medical
Journal for
Students



5th
YEAR

MedEdu Tabuk

نـعـود بـحـذـر



Volume 5 Issue 2
September 16th, 2020



Volume 5 Issue 2



Saudi National Day message from the Saudi Medical Journal for Students (SMJS)

Dr. Marai M. Alamri

Dean of Medicine, University of Tabuk
Chairman, University Advisory Board, SMJS

Dr. Md. Tanveer Raza

Editor-in-Chief, SMJS



On the occasion of the 50th National Day of the Kingdom of Saudi Arabia, the Saudi Medical Journal for Students (SMJS) extends its warm greetings and best wishes to the Custodian of the Two Holy Mosques **His Royal Highness King Salman bin Abdulaziz** and the **Crown Prince His Royal Highness Prince Mohammed bin Salman bin Abdulaziz**- may Allah protect them- the Government of the Kingdom of Saudi Arabia and to the people of Saudi Arabia.

SMJS congratulates and extends its sincere best wishes to **His Excellency**

Dr. Hamad bin Mohammed Al Al-Sheikh, Minister of Education, **His Excellency Prof. Abdullah bin Mofarh Al-Thiabi**, Rector University of Tabuk, the eminent leaders and Deans of the University, respected Faculty members, esteemed Colleagues and distinguished Administrative staff and all the Students of the University.

In his message for Vision 2030, the Crown Prince **His Royal Highness Prince Mohammed bin Salman bin Abdulaziz** stated that, “But our real wealth lies in the ambition of our people and the potential of our younger generation. They are our nation’s pride and the architects of our future. “

SMJS relies on the potential of the University students, “the younger generation”, of the Kingdom and has embarked in this unique journey of establishing the **first student medical journal of the Gulf region**. Student Editors are the real architects of SMJS and play a crucial role in the Editorial process. SMJS is obligated to facilitate health related student publications thus playing a vital role in promoting academic research and publishing, not only in the Kingdom, but also in the Gulf region.





Volume 5 Issue 2



Exam at Faculty of Medicine, University of Tabuk



Photo by Dr. Hisham Alshadfan

Virtual Seminar

Saudi Medical Journal for Students (SMJS). Official Journal of the Faculty of Medicine



Speaker



Dr. Talal A Alkindy

أ.د. طلال الكندي

استشاري جراحة العظام وتقدير مفاصيل
مناظير وأصبار الملاعب

Faculty of Medicine and SMJS invites you to join a webinar commemorating
World Patient Safety Day

Patient Safety: The Foundation of Good Patient Care

September 29th 2020, Tuesday

12noon-1pm

<https://eu.bbcollab.com/collab/ui/session/guest/1c6f8801e25749d69642554aa49f2b44>



Hosted by



Dr. Marai M. Alamri

Dean of Medicine

University of Tabuk



سلامة الممارسين الصحيين هي
أولوية لسلامة المرضى

Healthcare Worker Safety: A
Priority for Patient Safety

Contact details: Dr. Md. Tanveer Raza
Editor-in-Chief, SMJS and MedEdu Tabuk
Tel: 0537251324, Email: traza@ut.edu.sa

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Volume 5 Issue 2



Dr. Talal A Alkindy

أ. د. طلال الكندي

استشاري جراحة العظام وتغيير مفاصل مناظير وأصوات الملاعب



Dr. Othman Alzahrani

**Vice Dean,
Post graduate and
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IDENTITY REDEFINED: BRAND NEW LOGOS

Dr. Marai M. Alamri, Dean of Medicine

Dr. Md. Tanveer Raza, Editor-in-Chief, Saudi Medical Journal for Students (SMJS) and MedEdu Tabuk (MET)

Faculty of Medicine, University of Tabuk, Tel: +966 53 725 1324, Email: traza@ut.edu.sa



We are proud to launch the new logo of MedEdu Tabuk (MET) and Saudi Medical Journal for Students (SMJS). A logo is considered to be the “face” of an establishment that brings familiarity and helps to lay a foundation for branding. Therefore, a logo should be meaningful, conveying the identity, objective and quality of the establishment.

MET is the official weekly newsletter and SMJS is a peer-reviewed official journal of the Faculty of Medicine, University of Tabuk. Both are as similar as they are dissimilar. This is what we have tried to express in the logos.

1. **Color-** We have relied on the colors of University of Tabuk, Red, Dark Green and Gold
2. **Institution-** MET and SMJS belong to the Faculty of Medicine and it is apparent in the logos.
3. **Date of establishment-** The establishment date is considered to be a positive branding feature which communicates the age of the company. MET and SMJS are both ambitious projects with fresh challenging ideas. The young age reflects this freshness and that what has been accomplished in a short time.
4. **MedEdu Tabuk, Map of Tabuk province and Saudi Arabia-** MET aims to bring all those concerned in the health and wellbeing of the inhabitants of Tabuk region together. But we realize that this cannot be achieved without the health and wellbeing of the Kingdom.
5. **SMJS, Map of Saudi Arabia and the World-** SMJS aims to reach out globally but the Students of the Kingdom will always have the priority.
6. **Designers-** The designing of the logos by the students reflects the platform we provide to nurture their talents.



On the occasion of the National Day of the Kingdom of Saudi Arabia- Message from Saudi Medical Journal for Students (SMJS) Editors



بعد تسعين سنة مزدهرا، تعجز الحروف عن وصف فخرنا بهذا الشري.
فقد كنت يا وطن منارة للعلم منذ الأزل ، ويكتفينا أن فيك الوحي قد نزل.
فالليوم هو يوم ذكرى مجد قد بناه أجدادنا، وهو عهد نصونه بين أيدينا.
فلل الوطن منا كل الحب والإخاء ولقادته كل التقدير والولاء.
فقد أصبحنا نشهد عاما تلو العام ازدهارا علميا، فكرييا، واقتصاديا يدفعنا للأمام.

وها نحن نحتفل بعامنا التسعين تحت ظل حكومتنا الرشيدة، فمن هذا المنبر نقدم أسمى آيات التبريكات إلى خادم الحرمين الشريفين الملك سلمان بن عبد العزيز ولي عهده صاحب السمو الملكي الأمير محمد بن سلمان - حفظهما الله - وللشعب السعودي الكريم كافة بحلول اليوم الوطني التسعين.

محرري المجله السعوديه البحثيه الطلابية (Saudi Medical Journal for Students)

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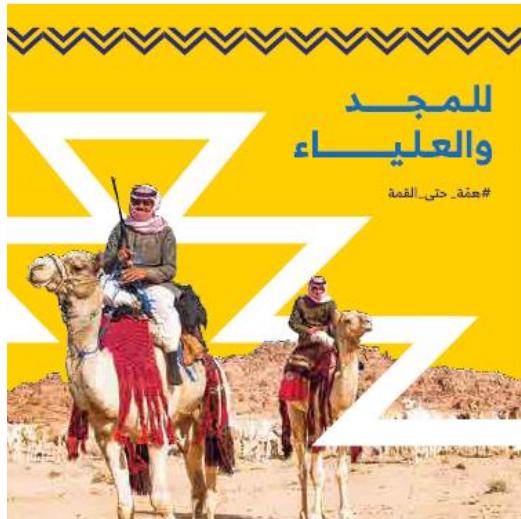
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On the occasion of the National Day of the Kingdom of Saudi Arabia- Message from the Editors of MedEdu Tabuk (MET)



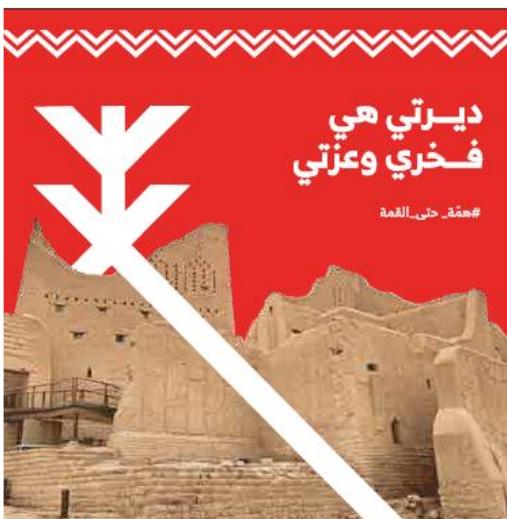
أبارك لوطني بلوغه سن التسعين

وطن احتضن أبناءه ليخرج منهم جيل منتج، مبدع، يسعى ليرتقي بهذا البلد إلى مصاف الدول العظمى.

وطنٌ يفتخر بإنائه لأنهم مصدر التحدى أمام كل الظروف وفي كل الأوقات.

وفي هذا اليوم الموافق الثالث والعشرين من أيلول يجب علينا أن نفتخر بملكتنا السعوية لنرى في الأحوال الصغيرة فضل وطننا الغالي علينا ونرتقي به.

وأشعب السعودية العظيم بيومنا الوطني التسعين، دامت أفراحنا حميا.



MedEdu Tabuk | صحيفي محرري

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Volume 5 Issue 2



دعوة للانضمام لفريق مجلة MedEdu Tabuk الأسبوعية

راغد عسيري

السلام عليكم ورحمة الله وبركاته
إلى طلاب وطالبات جامعتنا الأعزاء ، أنتم نور مستقبلنا وأساس جامعتنا بكم نفتخر
ونعتز، وبكم يُبني وطننا الغالي.

إلى كل طالب وطالبة وجد في نفسه موهبة ولم تسنح له الفرصة المناسبة لإظهارها ، نحن هنا عون لك
تدعوك مجلة MedEdu Tabuk الأسبوعية للانضمام لها كفرد من أفراد فريقها ، فلتشاركونا عملك الرائع و
طموحك اللامحدود، ولتكن جزء فعال في تطوير مجتمعك، تشرف بإضافتك لنا فجامعتنا تضيء بطلابها بهذه
فرصتك لتسطع بموهبتك.

نسعد ب التواصل معكم :

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نتمنى لكم دوام الصحة والعافية عام دراسي مليء بال توفيق والنجاح ، فريق MedEdu Tabuk

Meet Our New Editors from the Faculty of Science, University of Tabuk



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شهد سالم الرقابي





Meet Our New Editors from the Faculty of Science, University of Tabuk



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أحمد نائف البلووي



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الاستاذ / منيف بن رحيل الفقير
كلية الطب
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Distinguished Alumni

This week our alumnus is one of our amazing SMJS team members doctor Abdullah Mohammed Zahi .

**Doctor Abdullah graduated in 2019 , from Medical school of Tabuk .
He is now working as Pediatric surgery resident at Prince Sultan
Military Medical City in Riyadh.**

Dr. Abdullah Mohammed Zahi .

E-mail : ab.zahi95@gmail.com

As he said he decided to become a surgeon , because he believes that surgery is a pure face of art and especially in pediatric age group because it is more challenging and this is where he always wants to be .

Doctor Zahi thinks that the medical field every year shows more competitive environment, so the students need to work even harder to be in the situation that allows them to have all the choices in their hands. And they also need to improve their scientific writing skills earlier in medical school and push themselves in the practical part and try to do everything starting with the things they fear.

His dream is to find his inner peace throughout his personal life and in his career. Doctor Zahi finished his words by saying to our students (Every word you read makes you better, never let anyone underestimates you or your dreams, and "Good things come to those who wait")

Edited by: Raghad Asiri.



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Meet A SMJS Editor

خالد سعد القرني

Khalid Saad Alqarni Medical intern

Medical intern graduated from university of Tabuk, is a leader and student representative of Med35 since August 2018. I have been working for the Editorial Team of SMJS since 2019 and is involved in the editing and review process of the Journal. I have worked with the Faculty editors in preparing the ethical protocol of the Journal. In addition to my editorial work, I have also participated and organized many health-related community awareness programs.

Edited by: Lena Alzahrani

Upcoming Events

Raghad Alamri,

تتشرف مجلة MedEduTabuk بإتاحة الفرصة لكم بالإعلان عن أي نشاط ونسعد بخدمتكم : مؤتمرات ، ندوات، ورش عمل، أنشطة مجتمعية، والكثير غير ذلك. وذلك من خلال التواصل مع المنسقة الطالبة رغد العمري ، رقم الجوال: 0533473890 ; الإيميل: 411000318@stu.ut.edu.sa

مع تحيات فريق عمل المجلة – كلية الطب

Saudi Medical Journal for Students (SMJS) & MedEdu Tabuk Virtual Office Hours
27th September- 1st October



<https://eu.bbcollab.com/guest/1c6f8801e25749d69642554aa49f2b44>



12noon – 1pm

Day	Date	Faculty Editor	Editor
Sunday	27 th September	Dr.Roua Khan.	Dr.Rawan Alzahrani, Dr.Raghad Alamri
Monday	28 th September	SMJS- Faculty Editors Meeting (Closed Door Meeting)	
Tuesday	29 th September	Prof. Shereen Ibrahim	Dr.Yazeed Alqhatani. Dr.Sara Alquayr
Wednesday	30 th September	Dr. Elham Albalawi.	Dr. Abdulaziz Bedewi. Dr. Hanan Aljammaz
Thursday	1 st October	Updates articles status meeting (Closed Door Meeting)	Dr.Abdullah Zahi & Dr.Layan Alharbi

SMJS Office is managed by Dr.Munirah Alkhrisi SMJS Editorial Office Manager (Tel. 0581113659, Email: munirah.alkhrisi@gmail.com) and Yosef Alenzi , Editor @SMJS (Tel: 0530041979 Email: 361000972@stu.ut.edu.sa)

MedEdu Tabuk Office is maintained by, Dr. Rawan Alzahrani , Editor @SMJS and Editorial Manager @MedEdu (Tel: 0501313122, Email: lrawan.Alzahrani@gmail.com)



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This disclaimer informs readers that the views, thoughts, and opinions expressed in MedEdu Tabuk belong solely to the author, and not necessarily to MedEdu Tabuk or the Faculty of Medicine, University of Tabuk.

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