MedEdu Tabuk

Weekly Newsletter

Department of Medical Education, Faculty of Medicine, University of Tabuk

February 21, 2018
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In and Around Tabuk

King Fahad Specialist Hospital is 19 minutes from University Tabuk and is a major tertiary level hospital in Tabuk region providing world class treatment- Dr. Tanveer

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King Fahd Specialist Hospital

Message From the Editor

Alhamdulillah !! Yet another milestone. Inshallah from next week our colleagues at King Fahd Specialist Hospital (KFSH), Tabuk will be receiving our faculty newsletter. This will allow us to share our work with them and vice versa. We look forward to this partnership with great enthusiasm and hope it will allow us to have more impact in the health education and care in Tabuk region. I like to welcome Dr. M. Mominul Islam to our MedEdu Tabuk family. He will be coordinating our activities with KFSH. Special thanks to our Dean Dr. Marai and Dr. Aziz of Medical Academic affairs in KFSH for making this happen.

Our Contact at King Fahad Specialist Hospital

Dr. Mohammad Mominul Islam has been made responsible for taking care of MedEdu Tabuk affairs at KFSH. He is the Ex-Head and Ex-Head, and Consultant (privileged) for- Department of Public Health (PH) and Department of Infection Prevention & Control (IPC), Chairperson, Infection Prevention and Control Committee (IPCC), King Fahad Specialist Hospital, Tabuk, KSA. His contact details is as follows:

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Academic Affairs arrangement for Next Week

Prof Magdy M. ElShamy

For Female Section:

- **Mathematics 2 (MATH 101): First Periodic Exam** for preparatory year on Monday (26/2/2018)
- **General Physics (PHYS 101): First Periodic Exam** for preparatory year on Thursday (1/3/2018)
- **Endocrine System Module: 3rd year,** Announcing the **Results** of **Final-Module Exam.**

For Male Section:

- **Mathematics 2 (MATH 101): First Periodic Exam** for preparatory year on Monday (26/2/2018)
- **General Physics (PHYS 101): First Periodic Exam** for preparatory year on Wednesday (28/2/2018)
- **Endocrine System Module: 3rd year,** Announcing the **Results** of **Final-Module Exam.**

This Week Last Week

Prevention Paradox

Dr. Mohammad Mominul Islam
MPH, MSc. IC (Essex- In progress)
Ex-Head, and Consultant (privileged) for-
Department of Public Health (PH) and
Department of Infection Prevention & Control (IPC)
Chairperson, Infection Prevention and Control Committee (IPCC),
King Fahad Specialist Hospital, Tabuk, KSA

Prevention paradox was described by the eminent epidemiologist, Geoffrey Rose, in his book 'Strategy of Preventive Medicine' (Allebeck, 2008). The prevention paradox describes the continuum of distribution of risk factors which are major determinants of disease. The high-risk people lies at the extreme end of the disease continuum who constitute a small number of people compared to the moderate-risk group or the larger general population. Thus, interventions meant for the moderate-risk group or the general population would yield more effective outcome than the high-risk group. It is known as prevention paradox because the moderate-risk group or the general population do not get the greatest benefits from prescribed interventions compared to the high-risk group (Allebeck, 2008).

Thus the question arises- what would be the best public health intervention? Should we focus on larger low-risk or moderate-risk group of a population or on a smaller high-risk group? (WHO, 2002). Practically it is rare to get some clear option and it is better to apply combined intervention strategies in public health (WHO, 2002). Houghton (n.d.) mentions, 'insider status, knowledge and understanding is essential in developing true insight in developing culturally appropriate interventions'.

The WHO (anon, 2002) gives some priority suggestions like- i) 'population-based interventions', ii) 'primary over secondary prevention' and iii) control of distal than proximal risk factors of health.

UPCOMING ACTIVITY

Medical Education Committee Meeting

Date: February 28th, 2017 Wednesday

Venue: Meeting in 1st Floor

Time: 9am-10am

THE WHO COMMEMORATIVE DAY ON HYPERTENSION

Dr. M A K SHAWIR

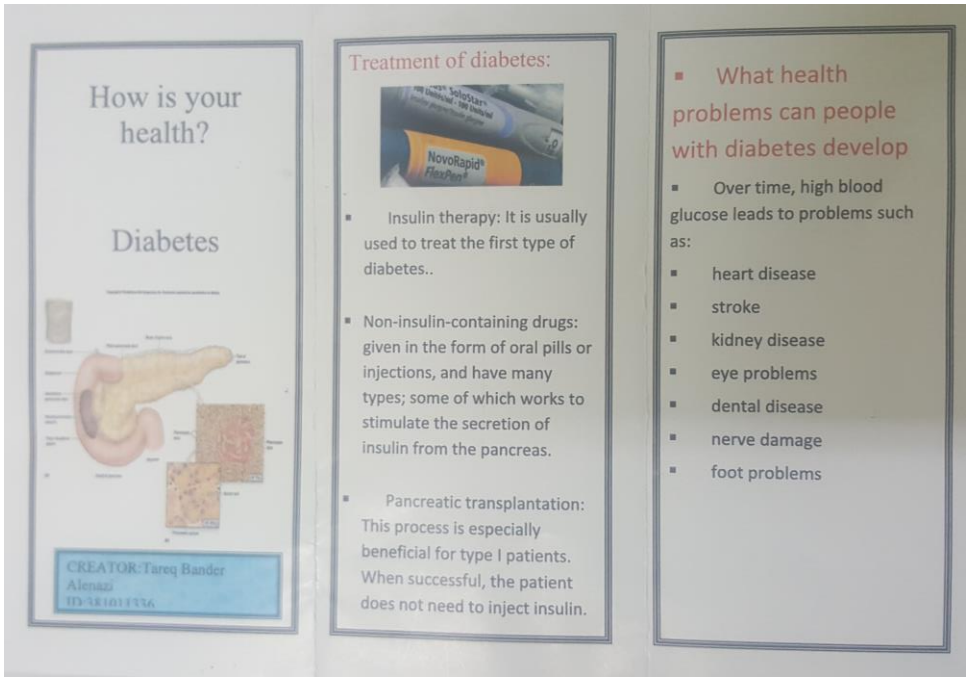
The event was about celebrating the day of anti hypertension.The slogan was launched by the WHO to be celebrating on 17/03/2018.My self and my students from the male side visited Al Asr secondary school in Aluyia 2 in Tabuk on Thursday 22/02/2018

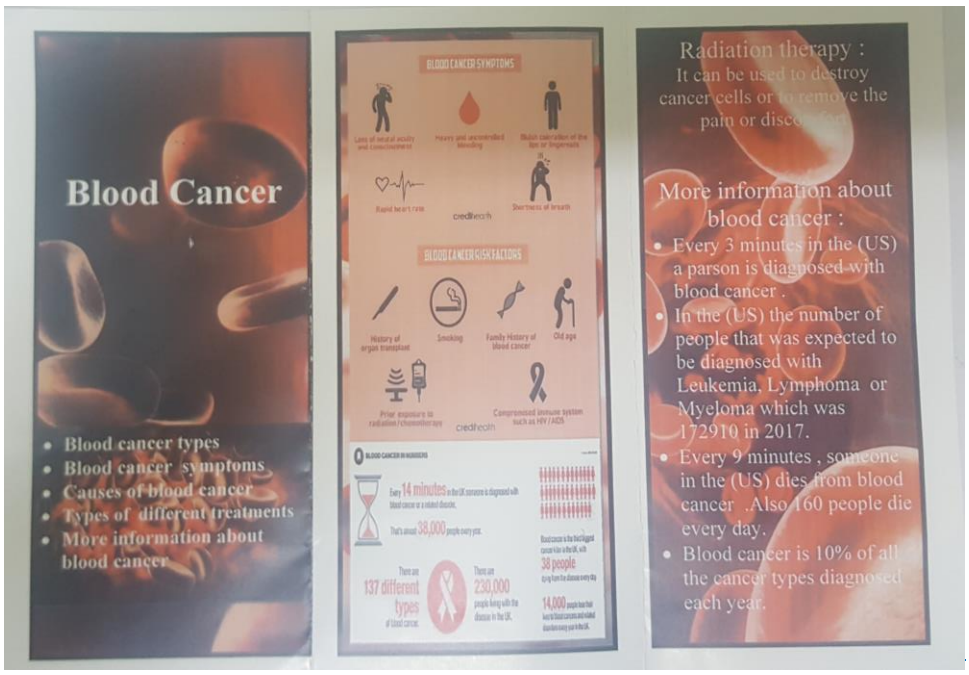
The event included:
Presenting a lecture about Hypertension prevention.
Measuring the blood pressure of teachers and students alike.
Distributing pamphlets.

The names of the participants:
Dr. M A K SHAWIR
AHMED Hammod (4th year)
KHALID (5th year)
AHMED AL AMARI (Director of al Asr school)

The event was enjoyable and gratifying for all parties.

STUDENT SECTION





Exam Invigilation Schedule 25/2/2018- 1/3/2018

Dr. Zubair Mohammed

Date	Module	Invigilators	Time	Venue
NONE				