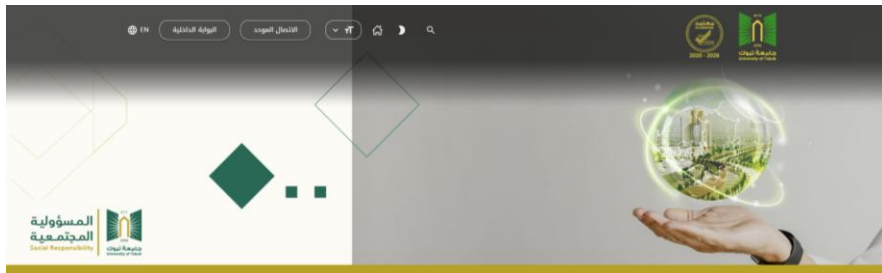


knowledge Exchange

The University of Tabuk offers, manages, and delivers various outreach projects for the local community through its Social Responsibility Unit. These initiatives are aligned with Saudi Arabia's Vision 2030 and the university's strategic objective of enhancing community engagement.

The Social Responsibility Unit at the University of Tabuk was established to advance the university's third strategic goal: "enhancing partnership and social responsibility." This initiative aligns with Saudi Arabia's Vision 2030, which emphasizes creating an ambitious nation, a vibrant society, and a prosperous economy.



<https://www.ut.edu.sa/ar/administration/vrgssr/Social-Responsibility/Pages/default.aspx#>

The unit defines social responsibility as the university's commitment to sustainable practices rooted in principles and values that serve the community and contribute to sustainable development. It aims to institutionalize social responsibility through effective partnerships with various sectors, addressing societal issues, and meeting community needs based on approved performance indicators.

Vision: To promote social responsibility in serving the community and achieving sustainable societal development.

Mission: To build a vibrant community committed to social responsibility at the university through innovative programs and distinguished partnerships, enhancing the quality of life in the Tabuk region.

Objectives:

- Institutionalize social responsibility at the University of Tabuk.

- Support community innovation to meet local needs and the university's sustainable development directives.
- Increase university staff's contribution to social responsibility.
- Build strategic partnerships in the field of social responsibility.
- Enhance institutional reputation and maximize societal impact.

The organizational structure of the unit includes various sections and models designed to achieve its goals. It also provides resources such as guides and regulations related to social responsibility and volunteer work.

The University of Tabuk offers free access to educational resources for individuals not enrolled at the university. This includes complimentary access to library services for researchers and members of the local community, promoting knowledge sharing and lifelong learning.

- **General Directorate of Library Affairs**

<https://www.ut.edu.sa/en/Deanship/library-affairs/Pages/default.aspx>

- **Research Services Guide (Page 6)**

<https://www.ut.edu.sa/ar/Deanship/library-affairs/Documents/%D8%A7%D9%84%D8%AE%D8%AF%D9%85%D8%A7%D8%AA%20%D8%A7%D9%84%D8%A8%D8%AD%D8%AB%D9%8A%D8%A9.pdf>

- **Procedures for obtaining references**

<https://www.ut.edu.sa/ar/Deanship/library-affairs/Documents/%D8%A7%D9%84%D8%A7%D8%AD%D8%AA%D9%81%D8%A7%D8%B8%20%D8%A8%D8%A7%D9%84%D9%85%D9%88%D8%A7%D8%AF.pdf>

- **Library Materials Lending Services (Page 5 &7)**

<https://www.ut.edu.sa/ar/Deanship/library-affairs/Documents/%D8%AE%D8%AF%D9%85%D8%A9%20%D8%A7%D9%84%D8%A7%D8%B9%D8%A7%D8%B1%D8%A9.pdf>

- **Offering programs and training courses to community members not affiliated with the university.**

https://x.com/dsa_ut/status/1807359349557285325?s=12&t=TRyN4HDvhNuZLwM4vITAoQ

https://x.com/dsa_ut/status/1800912409701605696?s=12&t=TRyN4HDvhNuZLwM4vITAoQ

https://x.com/dsa_ut/status/1784590234363015591?s=12&t=TRyN4HDvhNuZLwM4vITAoQ

The University of Tabuk regularly hosts educational events that are open to the public, fostering community engagement and promoting knowledge sharing. These events include:

- **Open Lectures and Seminars**

https://x.com/ut_dgs/status/1721469973363671221?s=12

https://x.com/ut_dgs/status/1716430852626755707?s=48

https://x.com/U_Tabuk/status/1777090825052196874

- **Public Health Workshops**

https://x.com/event_ut/status/1749497888202199468?s=12

- **General Workshops:**

https://x.com/event_ut/status/1660618130740183040?s=48

https://x.com/event_ut/status/1624505106287718402?s=48

https://x.com/event_ut/status/1656591029154217984?s=48

These events are part of the university's commitment to providing educational opportunities to the broader community and contributing to lifelong learning.

The University of Tabuk organizes events open to the public, offering short courses specifically designed for individuals not enrolled at the university. These programs provide professional development opportunities, aiming to enhance skills and knowledge across the broader community.

- **Programs provided by the Research and Consulting Institute**

https://x.com/event_ut/status/1788551808983408794

https://x.com/event_ut/status/1763968436172955679

https://x.com/event_ut/status/1772585324310311066

- **Programs provided by the Deanship of Community Service and Continuing Education**

https://x.com/event_ut/status/1645521742306181143

- **Programs provided by the Deanship of Student Affair**

https://x.com/dsa_ut/status/1811430111314395360

https://x.com/Mohteref_ut/status/1809868271425867982

https://x.com/dsa_ut/status/1807375872992645572

https://x.com/dsa_ut/status/1807070130297319822

دعوة عامة
تدعوكم الجمعية السعودية للعلاج الطبيعي بتبوك بالتعاون مع
الإدارة العامة للخدمات الطبية و قسم علوم التأهيل الصحي بجامعة تبوك
لمحاضرة بعنوان
Ankle Joint Injuries in Athletes
إصابات مفصل الكاحل للرياضيين
يقدمها:
د. أحمد عبد المؤمن الشهراوي
أستاذ العلاج الطبيعي المساعد في جامعة تبوك

الهدف من المحاضرة:
1- Anatomy and biomechanics of ankle joint.
2- Assessment of ankle injuries.
3- Differential diagnosis of different cases of athletes injuries.
4- Guidelines in physical therapy management of ankle injuries.
5- Different modalities for ankle sprain treatment.

الأهداف:
1- فهم التشريح والبيوميكانيكا لمفصل الكاحل.
2- تقييم إصابات الكاحل.
3- التشخيص التفاضلي لحالات مختلفة من إصابات الكاحل لدى الرياضيين.
4- الإرشادات في إدارة إصابات الكاحل باستخدام العلاج الطبيعي.
5- الإرشادات في إدارة إصابات الكاحل باستخدام الوسائل المختلفة.

الوقت: ٩:٣٠ - ٧:٣٠ مساءً
الأربعاء ٢٤ يناير ٢٠٢٤ م
المركز الطبي بجامعة تبوك

The University of Tabuk conducts educational outreach activities beyond its campus, engaging with local schools and the wider community.

https://x.com/event_ut/status/1656199481434554368?s=48

https://x.com/event_ut/status/1610356853053046787?s=48

https://x.com/event_ut/status/1783379098019983853?s=12

https://x.com/event_ut/status/1765653614498906338?s=48

https://x.com/event_ut/status/1723651240700063867?s=48



The University of Tabuk implements outreach programs and projects within the local community to enhance and promote health and well-being

- **Health and Hygiene Education Programs:**

https://twitter.com/event_ut/status/1754576428350226644
https://twitter.com/event_ut/status/1723651240700063867
https://twitter.com/event_ut/status/1715073881545859321
https://twitter.com/event_ut/status/1712044275863519327
https://twitter.com/event_ut/status/1638790155661193218

- **Nutrition Workshops:**

https://twitter.com/event_ut/status/1716116970762899953
https://twitter.com/event_ut/status/1709608772853776695

- **Family Planning and Reproductive Health:**

https://twitter.com/event_ut/status/1737798756500676884

- **Sports and Exercise Programs:**

https://twitter.com/event_ut/status/1751991909893980594
https://twitter.com/event_ut/status/1750405332013138322
https://twitter.com/event_ut/status/1749497888202199468
https://twitter.com/event_ut/status/1749497625789735339
https://twitter.com/event_ut/status/1765027524419916086
https://twitter.com/event_ut/status/1747934152060526729
https://twitter.com/event_ut/status/1747631965174403090
https://twitter.com/event_ut/status/1729140268895789064
https://twitter.com/event_ut/status/1700850687511310794

- **Well-being and Preventive Health**

https://twitter.com/event_ut/status/1767471338690576737
https://twitter.com/event_ut/status/1784894065449849268
https://twitter.com/event_ut/status/1755266392159379557
https://twitter.com/event_ut/status/1754880779635642831
https://twitter.com/event_ut/status/1732444185179853280
https://twitter.com/U_Tabuk/status/1729221838192984530
https://twitter.com/U_Tabuk/status/1728650701579149692
https://twitter.com/event_ut/status/1726115523950207020

https://twitter.com/event_ut/status/1725048259867975884
https://twitter.com/event_ut/status/1717467160459546739
https://twitter.com/event_ut/status/1716082585913225333
https://twitter.com/event_ut/status/1713507017438957628
https://twitter.com/event_ut/status/1712780561654092136
https://twitter.com/event_ut/status/1711692800536797535
https://twitter.com/event_ut/status/1658729871076474881

- **Aging Well Initiatives:**

https://twitter.com/event_ut/status/1723973939704058173
https://twitter.com/event_ut/status/1719707393796280419
https://twitter.com/event_ut/status/1710652437315420644

