



VISION رؤية  
2030  
المملكة العربية السعودية  
KINGDOM OF SAUDI ARABIA

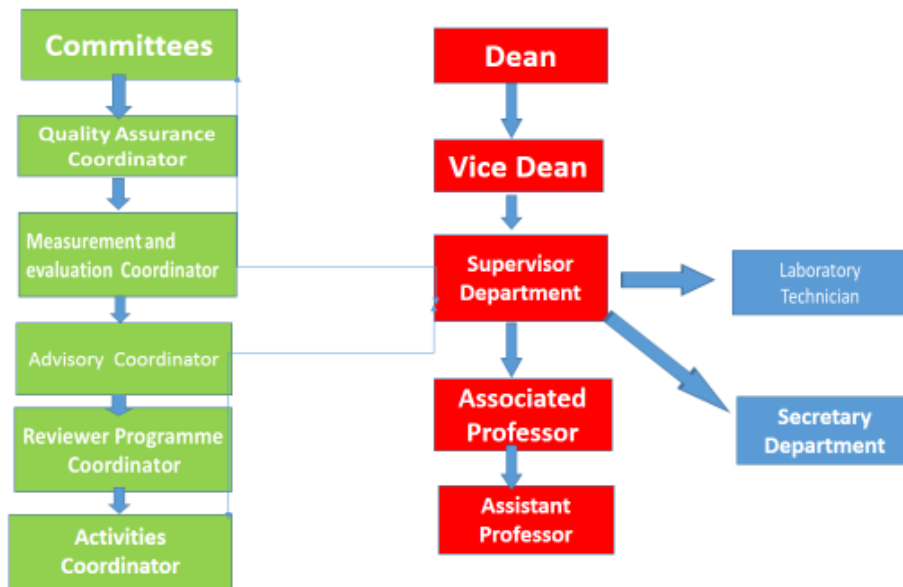


# UNIVERSITY UMLUJ COLLEGE

***Directory of Nursing  
Department***



## Program administrative flowchart of Nursing Department



### **BACHELOR OF NURSING SCIENCE (BNS)**

### **PROGRAMME OF BACHELOR OF SCIENCE IN NURSING UNIVERSITY COLLEGE/UMLUJ STARTING IN 1433 / 1434 H**



## Faculty Members and Supportive Staff

N	Name members	Email Address	N .phone	Functional rank
1	<b>Dr. samia Abdelhakim Hassaneen Aboud</b>	<a href="mailto:samia_aboud@yahoo.com">samia_aboud@yahoo.com</a> saboud@ut.edu.sa	<b>0507227780</b>	Department Supervisor Associated professor
2	<b>Dr. Najwa Mohammed Ahmed</b>	n-mohamed@ut.edu.sa	<b>0503570969</b>	Associated professor
3	<b>Dr. Hanan Hasan Alezaby</b>	<a href="mailto:h.hassan857@yahoo.com">h.hassan857@yahoo.com</a>	<b>0560726055</b>	Associated professor
4	<b>Dr. Azza Abdullah Mustafa</b>	a_ghoneim@ut.edu.sa	<b>0553882680</b>	Assistant professor
5	<b>Asmaa Abdel Aziz Al Mahlawi</b>	adeel-m11@hotmail.com	<b>0564376845</b>	Administrator
6	<b>Rana Mobark Almasody</b>	Ranasaudi87@gmail.com	<b>0534440126</b>	Administrator
7	<b>Asma Mohammed Ahmed Al - Juhani</b>	a.johine@hotmail.com	<b>0544850551</b>	Technical laboratory



## MISSION

We are committed to graduate highly qualified nurses who are able to influence health care services in Tabuk region through providing advanced educational environment and carrying out distinctive research that serves the health needs of Tabuk community.



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## VISION

**To be an exemplar of excellence  
both national and international  
through achieving leadership in  
nursing education, research and  
community services.**



## GOALS OF NURSING PROGRAMME

- Achieve excellence in nursing education through an advanced educational environment that engulfs superior technology and encourages student nurses' creativity and innovation.
- Carry out research that is relevant to the health care needs of Tabuk region.
- Establish a partnership with local hospitals in Tabuk, as well as national and international hospitals and universities to enhance students' clinical experience.
- Initiate steps towards national and international accreditations for the nursing program.
- Enhance faculty staff members' capacity and promote professional growth through activities such as faculty development, seminars, workshops and conferences.

## VALUES OF NURSING PROGRAMME

- Quality Education
- Accountability and Responsibility
- Respect and Care
- Transparency
- Innovation
- Creativity
- Leadership and Teamwork.

- **Continuous improvement**

The department ensures continuous improvement of all tasks through the development and improvement of performance at the educational and administrative level.



## Department philosophy

The philosophy of the department stems from the general philosophy of the College in Umluj which focuses on self-improvement and facilitate the personal and professional development of students through multi-purpose teaching methods, and their decision-making skills and ability to work efficiently as members of the health team to cope with the rapid development of health while maintaining the cultural framework Social and religious.

### BSN CURRICULUM

1. The Department of Nursing under Faculty of Applied Medical Science, University of Tabuk offers a Bachelor of Nursing Program.
2. The average period for the completion of the Baccalaureate degree in nursing is four academic years divided into eight academic semesters
3. The program consists of general education and professional courses.
4. Professional courses of BSN program begin in the second year (Level 3) and threaded through the development of the competencies up to the fourth year.
5. A Semester is comprised of fifteen weeks duration inclusive of registration and examination periods.
6. Completion of the total program credit hours is required for the Baccalaureate degree Total credit hours **140 credit hours**.
7. One year of nursing internship in a nationally or internationally approved hospital is required to earn the baccalaureate degree in nursing.
8. The language of instruction in the program is English.



## Completion of 140 credit hours on the academic course offerings:

First Year Preparatory Courses = 33 credit hours.

2<sup>nd</sup> year Level = 34 credit hours.

3<sup>rd</sup> Year Level = 37 credit hours.

4<sup>th</sup> Year Level = 36 credit hours.

With 69 contact hours Hospital Clinical Rotation One year- Specialized Internship Program.

### Regular Courses Scores (Levels 3-6, NUR 405, & NUR 411)

Component		Distribution	
		Theory	Practical & Laboratory
1	2 Midterm Examination	40	40
2	2 Quizzes	10	10
	Requirements	10	10
3	Final Examination	40	40
4	Total Marks	100	100





**First (Preparatory) year  
First semester**

Prerequisite	Credit hours	Course code	Course Title	No
-	5	ELS 101	English Language 1	1
-	2	COMM100	Communication Skills	2
-	3	CS 100	Computer Skills	3
-	3	MATH100	Mathematics 1	4
-	3	PHYS 101	General Physics	5
			<b>Total hours</b>	<b>16</b>

**Second semester**

Prerequisite	Credit hours	Course code	Course Title	No.
-	5	ELS 201	English Language 2	1
	3	LTS 100	Learning and Thinking Skills	2
-	3	BIO 101	General Biology	3
-	3	CHEM 101	General Chemistry	4
-	3	MATH101	Mathematics 2	5
			<b>Total Hours</b>	<b>17</b>

**The student should pass all preparatory year materials without failure in order to move to the next year**



## Second year

Prerequisite	Hours			Course Code	Course Title	No
	Credit	Practical	Theory			
-	٣	٠	٣	BCHN 201	Biochemistry	١
-	٣	٠	٣	ANTN 201	Anatomy (Theory)	٢
-	١	٢	٠	ANTN 202	Anatomy (Lab)	٣
-	٣	٠	٣	NUR 201	Fundamentals of Nursing1 (Theory)	٤
-	٤	٨	٠	NUR203	Fundamentals of Nursing 1(Lab)	٥
-	٣	٠	٣	PHAN 201	Physiology	٦
<b>TOTAL HOURS 17</b>						

## First semester

## Second Semester

Prerequisite	Hours			Course Code	Course Title	م
	Credit	Practical*	Theory			
NUR 201	٢	٠	٢	NUR202	Fundamentals of Nursing 2 (Theory)	١
NUR203	٢	٤	٠	NUR204	Fundamentals of Nursing 2 (Lab)	2
-	٣	٠	٣	MLTN201	Microbiology & Parasitology	3
-	١	٢	٠	MLTN202	Microbiology & Parasitology (Lab)	4
-	٢	٠	٢	NUTN 204	Nutrition	5
-	٣	٠	٣	PATN 201	Pathophysiology	6
-	٢	٠	٢	ARB101	Language Skills 1	7
-	٢	٠	٢	ISLS101	Islamic Culture 1	8
<b>Total hours</b>						<b>17</b>



### Third year First semester

Prerequisite	Hours			Course Code	Course Title	م
	Credit	Practical*	Theory			
NUR 202	٣	٠	٣	NUR 301	Adult Health Nursing-1(Theory)	١
NUR204	٣	٩	٠	NUR303	Adult Health Nursing- 1(Clinical)	2
BCHN 201	٢	٠	٢	PHAN 301	Pharmacology	3
NUR 202	٣	٠	٣	NUR 305	Maternal Health Nursing	4
NUR204	٣	٩	٠	NUR306	Maternal Health Nursing (Clinical)	5
--	٢	٠	٢	NUR 307	Health Education	٦
ISLM 201	٢	٠	٢	ISLS201	Islamic Culture 2	٧
<b>Total hours</b>					<b>18</b>	

### Second Semester

Prerequisite	Hours			Course Code	Course Title	
	Credit	Practical*	Theory			
NUR 301	٣	٠	٣	NUR 302	Adult Health Nursing 2 (Theory)	١
NUR303	٤	١٢	٠	NUR304	Adult Health Nursing 2(Clinical)	2
NUR 305	٣	٠	٣	NUR 308	Child Health Nursing (Theory)	3
NUR 306	٣	٩	٠	NUR309	Child Health Nursing (Clinical)	4
----	٢	٠	٢	NUR 310	Ethics in Nursing	5
ARAB 101	٢	٠	٢	ARB 201	Writing Skills	6
ISLS 201	٢	٠	٢	ISLS 301	Islamic Culture- 3	7
<b>Total hours</b>					<b>١٩</b>	



## FOURTH YEAR

### First semester

Prerequisite	Hours			Course Code	Course Title	م
	Credit	Practical	Theory			
NUR 304	٣	٠	٣	NUR 401	Community Health Nursing (Theory)	1
NUR302	٣	٩	٠	NUR402	Community Health Nursing (Clinical)	2
NUR 308	٣	٠	٣	NUR 403	Mental Health Nursing (Theory)	3
NUR 304	٣	٩	٠	NUR 404	Mental Health Nursing (Clinical)	٤
NUR 302	٣	٠	٣	STAT 401	Biostatistics	٥
ISLS 301	٢	٠	٢	ISLS 401	Islamic culture 4	٦
<b>Total hours</b>				<b>17</b>		



## Second semester

**\*each one-credit hour equal three hours in the hospital (practical)**

Prerequisite	Hours			Course Code	Course Title	م
	Credit	Practical	Theory			
NUR 401 NUR302	٣	٠	٣	NUR 405	Critical Care nursing (Theory)	١
NUR304 NUR402	٣	٩	٠	NUR 406	Critical Care Nursing (Clinical)	2
-	٣	٠	٣	NUR 407	Leadership & Management in Nursing (Theory)	3
	١	٣	٠	NUR 408	Leadership & Management in Nursing (Clinical)	4
STAT 401	٣	٠	٣	NUR 409	Evidenced Based Practice & Research in Nursing	5
NUR 302 NUR 401	٢	٠	٢	NUR 410	First aid & Emergency Nursing (Theory)	6
NUR 304 NUR 402	٢	٦	٠	NUR 411	First Aid & Emergency Nursing (Clinical)	7
-	٢	٠	٢	PSYC401	Psychology	8
<b>١٩ Total hours</b>						



## The Intensive Nursing Internship Program

The Intensive Nursing Internship Program is designed to provide the Nurse Interns with the necessary clinical and practical experiences obtained from working and being trained in a hospital setting with in-patient and ambulatory care departments.



## AIMS of INIP

The INIP is a crucial part of undergraduate nursing programs. It was designed to provide the nurse intern with the necessary clinical and practical experiences to reinforce competence in the care and management of patients with health problems in varied settings.

The internship program (IP) is a one -year comprehensive clinical practicum designed for the fifth year nursing students to complete the BSN degree.

The INIP is carried out in selected health care institutions duly accredited or recognized by the government and the university. It is carefully designed to be able to provide opportunity for the students to be extensively exposed in the different units in the hospital setting to augment and enhance previous clinical exposure during their third and fourth years of nursing education.

It further develops their terminal competencies to be able to function as staff nurses in both general and specialty areas in the hospital to be developed as beginning nurse practitioner, beginning nurse researcher, and beginning nurse manager.

### **GENERAL AIMS INTENSIVE INTERNSHIP PROGRAM**

- To obtain knowledge and understanding of the organizational structures, functions, practices, and policies of the host institution.
- To enhance critical thinking and problem solving skills in the application of the nursing process when caring for patients with different health problems.
- To be able to perform nursing procedures safely and competently.



- To be able to establish the professional communication and collaboration skills with other health care providers and work as a team player.
- To demonstrate professional ethics and behavior through professional interaction with other members of the health team, patients and families.
- To establish leadership and management skills.
- To maintain accurate and updated documentations in the patient's medical record patient information utilizing the nursing process.
- To conduct appropriate health education activities to client based on needs assessment of the client.

## **FIELD EXPERIENCE INTERNSHIP PROGRAM**

All hospitals, which meet the criteria of the internship program, will be the training hosts where the interns will practice their clinical skills in order to complete and achieve the Internship objectives.

The Internship Coordinator from the Department of Nursing in collaboration with the Training Coordinator of the identified hospital is responsible for providing a proper training area to meet the objectives of the internship program.





## Training period

- All interns in regular baccalaureate program are expected to work 40 hours a week in 12 Gregorian months and 6 Gregorian months for students who are in bridging program.
- Interns are required to join the program on dates approved by the College annually.
- An internship year of clinical experience, it include different rotations in general and specialized nursing units.
- Assume the beginning professional rank under supervision of health agency.
- Disciplines guideline from the university to be followed by the interns and university.
- Introducing students to different roles and function of nurses at clinical areas.
- Training at mangers levels and as introduction to the leader's roles.



Clinical experience of internship year, it include different rotations in general and specialized nursing units.

Fields of Nursing		Area of Exposure	Number of Months (12)
1	Patient Care	Maternal and Child <ul style="list-style-type: none"> <li>• Maternity Ward</li> <li>• Pediatric ward</li> </ul>	<b>1 (Female Only)</b>
2	Adult & Elder	Medical Ward <ul style="list-style-type: none"> <li>• Surgical Ward</li> <li>• Operation Room (2 weeks)</li> <li>• Recovery Room (2 weeks)</li> </ul>	<b>2 (Male) &amp; 2 (Female)</b>
		Mental Health	<b>1</b>
		ICU	<b>2</b>
		CCU	<b>1 (Male) 1 (Female)</b>
		Emergency	<b>1</b>
		Community Health	<b>1</b>
		Disaster Management	<b>1 (Male Only)</b>
3	Leadership and Management	Any Government Health Institution (i.e., hospitals and health sciences institution)	<b>1</b>
4	Education	University of Tabuk Clinical Training & Education Office	<b>1</b>
5	Focused Clinical Experience (Elective)	Qualified nurse interns may choose area of exposure in the last month of training period	<b>1</b>
6	Research	All areas	<b>All months</b>



## General Policies and regulation:

### DEPARTMENT OF NURSING RESPONSIBILITIES:

Arrangement to make up a missed major examination (e.g. long exam, mid-term and final exams) due to authorized excused absence shall be initiated by the students within one week from the end of the excused absence. Normally, a make-up exam shall occur within two weeks from the time that the student initiates arrangement for it. Instructors are encouraged to refrain from giving make up examinations during the last three days prior to the first of the final examination.

There are only **4** acceptable excuses for an individual missing an exam as the following

- 1-Illness –an official medical certificate from any government physicians certifying the kind of illness and the date when the student can return to class. This must be submitted not later than 7 days after the date of missed exam
  - 2-Funeral attendance – a proof of funeral attendance with the date of the interment must be clearly stated. this must be submitted not later than 7 days after the date of missed exam
  - 3-Mandatory courtroom appearance- a copy of the official court summons with the date of the required attendance must be clearly spelled out. . this must be submitted not later than 7 days after the date of missed exam
  - 4- Athletic event participation – a signed letter from the couch no later than one week prior to the day of the exam. . This must be submitted not later than 7 days after the date of missed exam.
5. Students, who do not confirm to this policy, will not be allowed to take a make –up examination.
1. Unexcused Absence- The student will be given a separate set of examination and schedule on the availability of both student and lecturer, upon the approval of Supervisor of Department and Dean based on the presented excuses.



### Class Policy:

- Students should be punctual for the lab activities and other relative meetings.
- All students are expected to behave in a courteous and respectful manner to academic staff, fellow students and administrative staff.
- During skills lab activities, mobile phones should be switched off.
- Mobile phones with cameras are allowed in the. (Female section).
- Students whose behavior is considered inappropriate may be asked to leave the class.
- Students are allowed to ask questions during skills lab activities for seeking clarifications.
- Students should respect the culture of the community (clothing, lab uniforms used in the lab and communication).
- Smoking is not permitted in the examination room and school premises.

### Laboratory of nursing department:

Maternity Nursing  
Lab.

Anatomy lab

Pediatric Nursing  
Lab

Fundamental Nursing  
Lab





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# النادي الصحي

Health Nursing Club  
Nursing Department  
Umluj College

[hnclub2016@gmail.com](mailto:hnclub2016@gmail.com)



## Club Vision

Mainstream the health culture, provide a healthy environment for healthy health within the University and continuous work on Enhancing and improving the health of female students and faculty members at the College of Education through the dissemination of health awareness, Health education, and encourage female students to practice healthy and healthy behavioral patterns. Insisting to find a solution to all health problems in university and society



## Club Mission

Communication and continuous work with health and educational institutions to nurture a mature generation that has an urge and awareness. In addition, awareness of all the health problems facing this generation, which affects the positive impact in the university environment. Moreover, the outside community that surrounds it according to the teachings of our true religion and the culture and customs of Saudi society.



## General objectives of the Health Nursing Club

- Providing voluntary health education to all university students as well as university staff.
- Assistance in finding a solution to the health problems facing university staff and family members in society.
- Increase health awareness among university students and family members in society to change and improve misconceptions, behaviors and bad health habits.
- Providing students and faculty members of the university and society with the information and health skills necessary to enable them to overcome health problems.
- Strengthening the important role that health, nutrition and sports play in our lives.
- Correcting some misconceptions that are derived from the community's customs and traditions about ways of dealing with various diseases.
- Maintain to cooperate with clubs and other activities to serve the community and the outside community to educate to avoid the bad habits prevalent in society and its impact on human health and how to get rid of them.
- Training of students on various skills in the field of health.
- Spreading a culture of health awareness and serving the outside community.
- Health awareness and guidance for some common diseases prevalent in society.
- Participation in activating World Health Days.
- Providing the female students and faculty members with health culture in some aspects of health and safety related to healthy nutrition, unhealthy food and risk to the health of society members.





## Activities offered by the Nursing Health Club

- Providing health advice to all, as well as prenatal and postnatal counseling.
- Giving health education to all female students and faculty members.
- Provide first aid.
- Holding cultural and health seminars.
- Holding workshops.
- Giving lectures to students and society according to need.

## Health Nursing Club Place

Nursing department Building B, First floor.

## Structure of Health Nursing Club

The health club consists of faculty members in the nursing department as well as female students from all levels of the department have a desire to give health education in the environment of the university and society under the supervision of the club supervisor Dr. Samia Abdel Hakim Hassanin About and volunteers to do and contribute to university health and upgrading activities. Health awareness in the University environment.



### **Names of the faculty members of the volunteers in the health club**

<b>N</b>	<b>Names of the faculty members of the volunteers in the health club</b>	<b>Tasks</b>
1	Dr. Samia Abdelhakim Hassaneen Aboud	Department Supervisor, Club Supervisor
2	Dr. Najwa Mohammed Ahmed	Volunteer
3	Dr. Hanan Hasan Elazaby	Volunteer
4	Dr. Azza Abdullah Mustafa	Volunteer
5	6 students from the third and fourth division in the department	Volunteers

**Prepared by**

**Dr . Samia Abdelhakeem Hassneen Aboud**

**Supervisor department**

**Supervisor the health club**