

NOVEMBER 10TH, 2021 Volume 6, ISSUE 4



A Publication of the SMJS-MET Unit. Official Newsletter of the Faculty of Medicine, University of Tabuk



© 2021. MedEdu Tabuk is the official Newsletter of the Faculty of Medicine, University of Tabuk. All rights reserved

MEDEDU TABUK VOL 6, ISS 4

EDITORIAL

Dr. Md. Tanveer Raza Editor-in-Chief, SMJS-MET Tel: +966 53 7251324; Email: traza@ut.edu.sa

Co-reviewing

The peer-review process is considered to be the most acceptable method of weighing the suitability of a manuscript submitted for publication in a medical journal. In addition, to guide editors in the decision-making process on submitted manuscripts, peer-review often allows authors and editors to

improve the quality of reporting. The Peer-reviewers are expected to provide a critical, independent, and unbiased assessment of the submitted manuscripts, and therefore it requires experts with relevant expertise. Peer review has been an integral part of scientific communication that addresses the academic work's quality, validity, and originality. Finding a suitable peer reviewer is one of the most challenging tasks for an editor. This view is shared by the editors of the Saudi Medical Journal for Students (SMJS). Peer review needs expertise, training, and experience. and this can be achieved by "co-reviewing." Co-reviewing means when Invited Reviewers do manuscript peer-reviewing with the help of another reviewer of their choice. The Co-reviewer can be compared to a coauthor of a manuscript when one is not the corresponding author. It is a well-known practice, and Journals are aware of the contribution of the co-reviewer. Usually, most Co-reviewers are Early Career Researchers (ECRs) who find this experience beneficial.

السلام عليكم ورحمة الله وبركاته.

إلى طلاب وطالبات جامعة تبوك الكرام، أنتم ايقونة التعليم في هذا الصرح الشامخ وأنتم رؤية المستقبل التي تظهر متجلية من خلال طموحكم اللامحدود. انطلاقا من ايماننا بقدراتكم وطموحكم اللامحدود، الصحيفة الدورية الأسبوعية للتعليم الطبي تدعوكم لمشاركة ما لديكم من مواهب (تصوير، كتابة، رسم، تصميم، شعر) من خلالها، لنصبح الداعم والحاضن لكم. فلا شك اننا في سعي متواصل للعمل على تحقيق آمالنا وتطلعاتنا التي تقوم

أولا وأخيرا بكم، نسعد بتواصلكم معنا لمشاركتنا في هذا السعيEmail: <u>mededutabuk@ut.edu.sa</u>









A visit to the Editorial Office of SMJS-MET

Raghad Albarrak 3rd Year Student, College of Medicine Qassim University





ME

زيارة للمكتب التحريري لSMJS-MET



Dr. Marai M Alamri, Dean of Medicine and Chairman of University Advisory Board, SMJS-MET, and Dr. Ali Alshehri, Vice Dean of the Vice Rectorate of Graduate Studies and Scientific Research, visited the Editorial Office of SMJS- MET. Dr. Md Tanveer Raza, Editor-in-Chief of SMJS-MET appraised them about the activities of Saudi Medical Journal for Students and MedEdu Tabuk. They also met with the Editorial Managers of SMJS-MET and discussed the future with them.



Editor-in-Chief Note: The author is an SMJS-MET Editor from Qassim University





MEDEDU TABUK **VOL 6, ISS 4**





Jalal M. Al-Joundi

Public Speaking Event

IL Curriculum Unit/BLP Supervisor University of Tabuk

effects on our

As part of the continued collaborative efforts between the Institute of Languages (IL) and the Deanship of Faculty of Medicine within University of Tabuk, three public speaking events (1 event for each module) were planned for this semester. "The EMD English instructors worked with the students in their presentation"The nominated students (6 Male and 5 Female) gave an oral presentation on a subjects of their choice that reflected their specialization. Students were judged by attendees using a rubric (provided by the IL)

Dr. Marai M. Alamri, Dean of Medicine, the praised initiative as it would improve not only the English language but also the communication skills of the students in general. Dr. Marai was impressed with the choice of topics and the confidence of the students in giving their speeches.



Dr. Abdullah Alatawi, Vice Dean of Post Graduate Studies and Research, Faculty of Medicine, gave valuable tips on improving the student speakers' presentation skills. The events were also attended by the Institute of Languages Dean Dr. Abdulrahman Alfahadi, IL Admin and instructors, and Dr. Md. Tanveer Raza, Editor-in-Chief, SMJS-MET..





Message from

Dr. Ahmed Aljabri, Dean of Pharmacy, University of Tabuk



PREPARING A LECTURE

Dr TalalA MAlkindy

VISION ÄLLIÞI

Assisstant Professor Orthopaedic Surgeon, Orthopaedic Trauma Arthroplasty / Knee & Hip Reconstructive Surgery Arthroscopy / Sports Medicine Faculty Of Medicine , University Of Tabuk Email: talkindy@ut.edu.sa

SMJS



Effective and selective method of delivery

The message to be delivered should be very clear

Clear and defined objectives

Learning outcomes should cover the topic and within the curriculum

Objectives, Body, and Conclusion

Body (keep it short and simple-KISS)

Visual aids are to aid and visualize (Big, Bold and brilliant)



Break the Body of your presentation

Simplify complexed ideas

Keep the slide large and legible (keep it large and legible- KILL)

Key points rather than sentence

Use diagrams and graphs

Tidiness, illegibility, and misspellings

Avoid inserting photocopies and typed texts

No more than 2 to 3 colors

Font text Arial/Verdana or other sans serif bold print

Font size from 24-30 for maximum visibility

Rule of 6 X 6 (6 lines of 6 words)

Respect of copyrights

Acknowledgment

Reference of your content

Animation should be used sparsely

Body language and eye contact

Prepare for difficult situations

Time management

Interactive discussion

Reflection and feedback







2020 - 2026

جامعةتبوك



• Uni

MET

edEdu Tabi



كيف تنشر بحثك, وبسرعة ؟ HOW TO GET YOUR MANUSCRIPT PUBLISHED FAST?

Secrets from The Saudi Medical Journal for Students (SMJS)

virtual meeting 8 pm-9 pm, Sunday 5th December 2021.





H

Have you wondered why some manuscripts get published fast and some take so long?

TALK 1

The smart way to submit a manuscript by Areej Aljohani, Editorial Process Manager-SMJS

TALK 2

Things that delay your publication by Dr. Md. Tanveer Raza, Editor-in-Chief, SMJS-MET



Certificate will be given

for attendance

TALK 3



STUDY SMART AND GET BETTER GRADES: TIPS FROM A FELLOW STUDENT

Fawaz Tariq Alghabban

2nd year, Faculty of Medicine, University of Tabuk. Email: 421002511@stu.ut.edu.sa

۱-ادرس بذكاء وليس بجهد. ۲-ضع خطة هدفها الانجاز وليس الكمية. ۳-قسم وقتك، خصص وقت لحياتك الشخصية. ٤-ركز!! فالتركيز يقلل من وقت المذاكرة بنسبة ٥-ادرس مع مجموعة من اصدقائك. ٦-احرص على اخذ استراحة قصيرة.

- 1. Study smart, not hard
- 2. Make a plan aiming to achieve quality, not quantity.
- 3. Divide your time. Keep time for your personal life.
- FOCUS!! A good focus can decrease 50% of study time
- 5. Study with a group of your friends.
- 6. Make sure to take a short break





Since 2016

Dr. Marai M. Alamri, Dean of Medicine and Chairman, UAB, SMJS-MET. - **Dr. Md. Tanveer Raza**, Editor-in-Chief, SMJS-MET. This disclaimer informs readers that the views, thoughts, and opinions expressed in MedEdu Tabuk belong solely to the author and not necessarily to MedEdu Tabuk or the Faculty of Medicine, University of Tabuk.