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Midnight Sonata- The clear night sky around Tabuk gives a breathtaking view of the celestial bodies

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MedEdu Tabuk

Weekly Newsletter

Department of Medical Education, Faculty of
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Students as SPs

Message From the Editor- Dr. Tanveer Raza

Standardized patients (SPs) are widely used for assessment in Objective Structured Clinical Examinations (OSCE). Conventionally, SPs are individuals paid



and trained to portray patients so that they can simulate encounters involving history taking and physical examinations. There is a new trend to train Medical students to act as SPs. Medical students, due to their medical education background train easily. Furthermore, they learn while portraying as a patient, an opportunity to interact with faculty and get familiar with the assessment process

THIS WEEK LAST WEEK



Message from Prof Ahmad Audah, General Supervisor, Measurement and Evaluation Unit, University of Tabuk regarding our MSTF (Module Syllabus Typical Format)



TANVEER T. TANVEER RAZA <traza@ut.edu.sa>

sample of MSTF

Ahmad Aud [REDACTED]om>
To: "TANVEER T. TANVEER RAZA" <traza@ut.edu.sa>

20 March 2018 at 06:03

Thank you Dr. Tanveer
and special thanks to Dr Maray (The Dean)
Thank you all
Your great job is highly appreciated
please work on uploading all MSTF at your sites to be available for students and for any external or internal evaluator interested of your excellent job
It is real and strong evidence of planning for teaching quality.
Thank you again
We are ready to help and support your promising college

Prof. Ahmad Audeh.
General Supervisor, Measurement and Evaluation Unit
University of Tabuk, Tabuk, KSA
<http://www.ut.edu.sa/ar/web/3009728>

MODERN WAYS TO ENHANCE SURGICAL TEACHING SKILLS

Dr. Mohammed Nibras
Department of Surgery
Faculty of Medicine
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This is a summary of interesting points in article written by Frank CT Smith¹ and Stephen R Greenwood² published in surgery journal September 2012, Volume 30, Issue 9, p437-504 (All rights reserved Elsevier Ltd.)

1-Frank CT Smith BSc MD FRCS is Reader in Surgical Education and Honorary Consultant Vascular Surgeon at the University of Bristol, Bristol, UK. Conflicts of interest: none.

2-Stephen R Greenwood BSc MPhil PGCE EdD FHEA is a Senior Teaching Fellow at the University of Bristol, Bristol, UK. Conflicts of interest: none.

Personal attributes of the doctor with teaching responsibilities (General Medical Council, 1999)

- ✓ **An enthusiasm for their specialty**
- ✓ **A personal commitment to teaching and learning**
- ✓ **Sensitivity and responsiveness to the educational needs of students and junior doctors**
- ✓ **The capacity to promote development of the required professional attitudes and values**
- ✓ **An understanding of the principles of education as applied to medicine**
- ✓ **An understanding of research method**
- ✓ **Practical teaching skills**
- ✓ **A willingness to develop both as a doctor and as a teacher**
- ✓ **A commitment to audit and peer review of their teaching**
- ✓ **The ability to use formative assessment for the benefit of the student/trainee**
- ✓ **The ability to carry out formal appraisal of medical student progress/the performance of the trainee as a practicing doctor**

Six principles of effective teaching: (By Ramsden R. Learning to teach in higher education. London: Routledge, 1992)

- ✓ **Interest and explanation**
- ✓ **Concern and respect for students and student learning**
- ✓ **Appropriate assessment and feedback**
- ✓ **Clear goals and intellectual challenges**
- ✓ **Independence, control and active engagement**
- ✓ **Learning from students**

Why develop your surgical teaching skills?

Personal benefit:

- ✓ **Satisfaction**
- ✓ **To enhance curriculum vitae for job application, promotion or retention**
- ✓ **As part of continuing professional development**

- ✓ **Re-accreditation/revalidation**
- ✓ **Change in career emphasis**

For benefit of students:

- ✓ **Improve acquisition of knowledge, skills and behaviors**
- ✓ **Improve attainment of learning aims and objectives**
- ✓ **Improve performance in assessments**
- ✓ **Promote interest in subject**

For the benefit of the institution:

- ✓ **Improve institutional results**
- ✓ **Attract students and high-quality staff**
- ✓ **For quality assurance purposes**

Practical tips for lesson planning

- ✓ **No more than three key objectives for a 1-hour lesson**
- ✓ **Determine 'need to know' versus 'nice to know' content**
- ✓ **Highlight essential 'need to know' content and organize session timings to ensure this material receives appropriate attention**
- ✓ **Allocate appropriate time for introduction and closure since this is often forgotten**
- ✓ **Divide the body of the session into digestible chunks with appropriate links**
- ✓ **Keep your lesson plan available for future sessions**

TRIGEMINAL NEURALGIA COMMONLY PRECEDES THE DIAGNOSIS OF MULTIPLE SCLEROSIS

Ahmad Fallata MD, FRCPC
Assistant professor of Medicine (Neurology)
Neuromuscular Disorders Specialist
Movement Disorders Specialist
Supervisor of Internship Program
Faculty of Medicine University of Tabuk



Background: Trigeminal neuralgia (TN) is a well-recognized cause of facial pain in the general population, and multiple sclerosis (MS) accounts for some of these

cases. However, the prevalence of TN in MS is poorly understood. We investigated the prevalence of TN and how often TN is the initial presentation of MS in a large MS cohort. **Methods:** In 2009, we surveyed participants in the North America Research Committee on Multiple Sclerosis Registry regarding TN, including date of onset and pharmacologic and nonpharmacologic treatments used. We estimated the frequency of TN and the frequency with which TN preceded the diagnosis of MS. We compared the demographic and clinical characteristics of participants who reported TN with those of participants who did not using descriptive statistics and logistic regression. **Results:** Among 8590 eligible survey respondents, the prevalence of TN was 830 (9.7%). Of these respondents, 588 reported the year when TN was diagnosed. The diagnosis of TN preceded that of MS in 88 respondents (15.0%), and the mean \pm SD age at diagnosis of TN was 45.3 ± 11.0 years. The odds of reporting TN were higher in women and those with greater disability and longer disease duration. Pharmacologic treatments were used by 88.3% of respondents; 9.7% underwent surgical interventions. **Conclusions:** In MS, TN occurs frequently and precedes the diagnosis of MS in 15.0% of individuals. Given the frequency of TN in MS, further epidemiological studies and clinical trials to identify effective pharmacologic and nonpharmacologic therapies for TN in MS are warranted. [Link to Full Article](#)

STUDENT SECTION

What Did First Year Students in Tabuk University Get from being an SP on OSCE Exam?



Hello everyone today I am talking about what did I get from being an SP on OSCE exam. I have been an SP of thyroid examination on the exam, and I learned how to examine the thyroid gland, and broke the fear that I could feel from this exam, so I don't get nervous. The examination always begins with the

general view of the patient seeing if there any sine of Hyperthyroidism or Hypothyroidism. Then we check the neck more closely for any scars, skin that its color has changed, masses. After that we ask the patient to drink some water to check the movement of swallowing. Then we ask the patient to stick their tongue out to check any masses. After that we check the neck to see if there any bad sine on the thyroid, then we tub on the chest of the patient. At the end we auscultate the patient.

Academic Affairs arrangement for Next Week



Prof Magdy M. ElShamy

For Female Section:

- ❖ **Medicine &Subspecialties: 6th year.** Announcing the **Results of Final-Module Exam.**
- ❖ **Family Medicine Module: 6th year.** Mid Module Exam on Tuesday 27/3/2018
- ❖ **Pediatrics: 5th year.** Announcing the **Results of Final-Module Exam.**
- ❖ **Reproduction System module: 3rd year.** Announcing the **Results of Final-Module Exam.**

For Male Section:

- ❖ **Surgery &Subspecialties: 6th year.** Announcing the **Results of Final-Module Exam.**
- ❖ **Family Medicine Module: 6th year.** Mid Module Exam on Tuesday 27/3/2018
- ❖ **Obstetrics &Gynecology: 5th year,** Announcing the **Results of Final-Module Exam.**
- **Reproduction System Module: 3rd year.** Announcing the **Results of Final-Module Exam.**

Exam Invigilation Schedule 25/03/2018 - 29/03/2018



Dr. Zubair Mohammad & Dr. Ahmed Mesaik

Date	Module	Invigilators	Reserve (in case of emergency)	Time	Venue
27/03/2018	Family Medicine (Midterm)	Dr. Tarek Maghrabi Dr. Ahmed Fallata	Dr. Majid Nashar	10:00AM – 12:00 Noon	Central Exam Hall

UPCOMING ACTIVITY

Tuesday 27th March 12noon: [MedEdu Tabuk Editorial Meeting \(Female\)](#)

Wednesday 28th March 9am -10am: [Medical Education Committee Meeting, 1st Floor](#)

Wednesday 28th March 1pm-3pm: [Weekly Academic Activity](#)

[CanMed and SaudiMed, Dr. Marai Alamri, Dean of Medicine](#)

[Meningitis, Dr. Tarek Alamghrebi](#)

Thursday 29th March 10m: [Curriculum Committee Meeting, 2nd Floor](#)